



JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

HOLIDAY EDITION 2024



WHAT'S ON

OSHOGATSUKAI

ふれてみよう日本のお正月

HARU MATSURI

春祭り

JANUARY FILM - A SAMURAI IN TIME

1月映画上映会 -侍タイムスリッパー

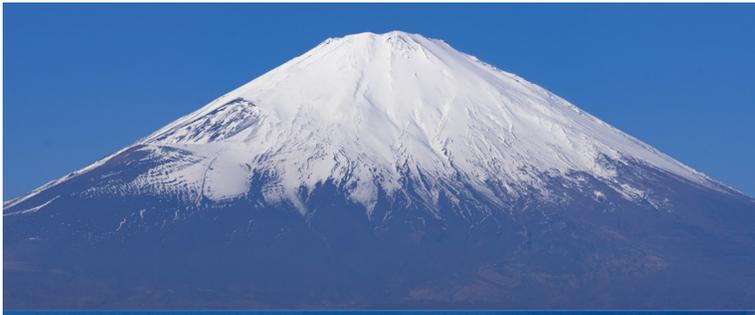
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VOL. 51 ISSUE 1

HOLIDAY GREETINGS

FIND THE PERFECT GIFTS
AT THE JCCC GIFTSHOP

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ギフトショップで!

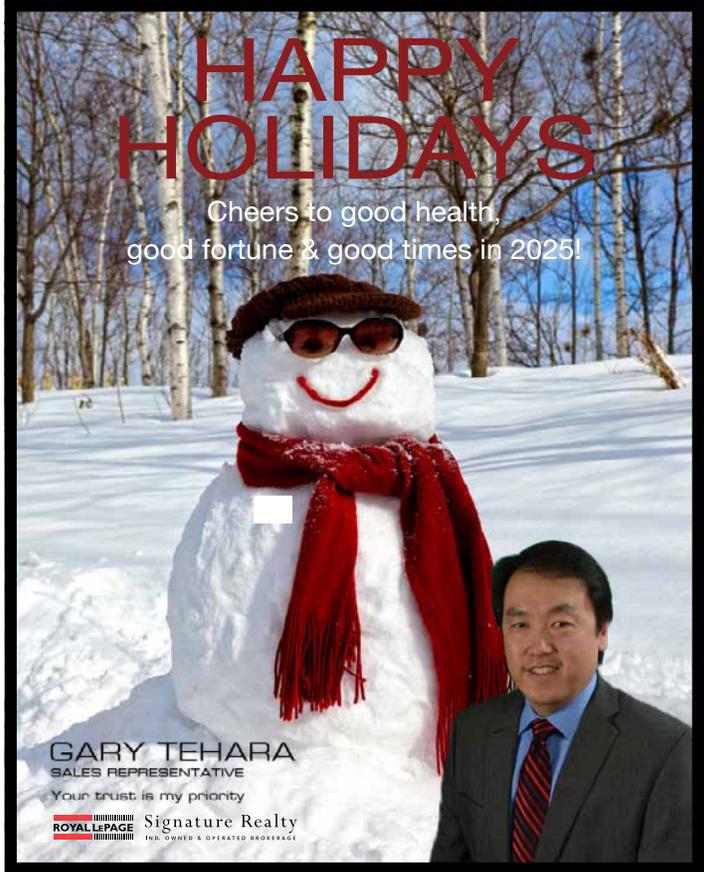


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For enquiries, please contact respective staff directly ([see staff directory below](#)) or email us at jccc@jccc.on.ca.
For general enquiries by telephone, please call **416-441-2345** during our operating hours (Mon–Sun 10am-5pm).

担当スタッフに直接ご連絡([スタッフリストはこちら](#))、又は、jccc@jccc.on.caまでEメールをお送りください。
一般的なお質問は、**416-441-2345**内線222に電話、メッセージを残してください。開館時間内(月～日、午前10時～午後5)にご連絡ください。

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YOUR NEWS IS WELCOME! 皆様からの寄稿をお待ちしております。

The submission deadline for the February 2025 issue is:
Thursday, January 9, 2025.

次号締切日: 2025年1月9日(木)

Please email to newsletter@jccc.on.ca
Japanese Canadian Cultural Centre
6 Sakura Way, Toronto, M3C 1Z5
Phone: 416-441-2345
www.jccc.on.ca

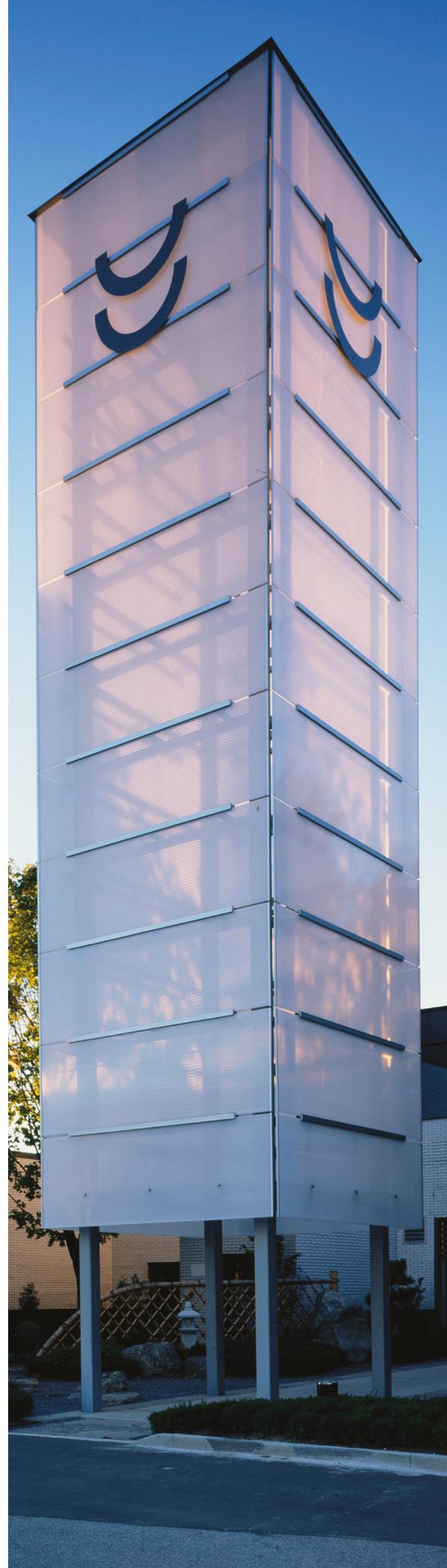
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Holiday Hours

	Reception	Building
Monday December 23	10:00am to 5:00pm	9:00am to 11:00pm
Tuesday December 24	10:00am to 3:00pm	9:00am to 4:00pm
Wednesday December 25	Closed	
Thursday December 26		
Friday December 27	10:00 to 5:00pm	9:00 to 6:00pm
Saturday December 28	10:00 to 5:00pm	9:00 to 6:00pm
Sunday December 29	10:00 to 5:00pm	9:00 to 6:00pm
Monday December 30	10:00 to 5:00pm	9:00 to 6:00pm
Tuesday December 31	10:00 to 3:00pm	9:00 to 4:00pm
Wednesday January 1	Closed	
Thursday January 2	10:00 to 5:00pm	9:00 to 11:00pm
Friday January 3	10:00 to 5:00pm	9:00 to 11:00pm

*Hours are subject to change. Building will be open for specially scheduled events as needed.



What's On at the JCCC

Upcoming Events / 近日開催イベント

JCCC Karaoke Club • JCCCカラオケクラブ

Wednesday December 11, 10:00am
12月11日(水)午前10時

Wynford Seniors • ウィンフォードシニア

Wednesday December 04, 10:30am
12月04日(水)午前10時半

Please contact Bev (bfujimoto50@yahoo.ca) for info.
お問い合わせは:ベブ・フジモトまで (bfujimoto50@yahoo.ca)

Sumi-e Art Workshop • 墨絵ワークショップ

Ducks and Geese • 鴨と雁
Saturday December 7, 9:30am to 12:00pm
12月7日(土)午前9時半~正午

micartistsofcanada.org for details.
詳細は:sumieartistsofcanada.org

Connections Conference

Saturday December 7, 9:00am
12月7日(土)午前9時

新年あけましておめでとうございます。 Happy New Year 2025!

Oshogatsukai • ふれてみよう日本のお正月

Sunday January 19, 11:00am to 3:00pm
1月19日(日)午前11時 ~ 午後3時

See [page 6](#) for details.
詳細は[6頁](#)をご覧ください。

Cooking for Active Seniors

Thursday January 23, 11:00am
1月23日(木)午前11時

See [page 7](#) for details.
詳細は[7頁](#)をご覧ください。

January Film Screening • 1月映画上映会

Thursday January 23, 7:00pm
1月23日(木)午後7時

A Samurai in Time, see [page 11](#) for details.
「侍タイムスリッパ」詳細は[11頁](#)をご覧ください。

Ongoing / 開催中

JCCC Library • 図書館

ライブラリーでは閲覧日、貸出日にお手伝いくださるボランティアを募集しています。ご興味のある方(要日本語)はharukoi@jccc.on.caまでご連絡ください。

JCCC LIBRARY SCHEDULE • JCCCライブラリースケジュール

TUESDAY - 10:00am - 2:00pm (lending hours貸出し)

THURSDAY - 10:00am - 2:00pm (lending hours貸出し)

2:00pm - 4:30pm (computer clinic コンピュータ相談室)

SATURDAY - 1:00pm - 5:00pm (lending hours貸出し)

The Library will be closed on December 24, 26 & 31; and January 2.

Exhibitions • 館内展示

Moriyama Nikkei Heritage Centre
森山日系ヘリテージセンター

Maru: Immigration Stories.

Contact heritage@jccc.on.ca for a guided tour.

丸:日系移民物語。ツアーガイドをご希望の方はheritage@jccc.on.caまでご連絡ください。

JCCC Gallery • JCCCギャラリー

Spirit Place -

The Magnificent Woodcut Art of Naoko Matsubara

スピリットプレイス - 松原直子 素晴らしい版画

September 2024 to December 2024 • 2024年9月-12月

Upcoming Exhibit

Artsu Matsuri 2025 • アーツ祭り

January 12 to March 14, 2025 • 2025年1月12日-3月14日

SAVE THE DATE!

Haru Matsuri
春祭り

2025年3月1,2日(土,日)
Saturday & Sunday, March 1&2, 2025

James Heron, Executive Director

The year 2024 saw the JCCC put the pandemic squarely in the rear-view mirror. Last year the community returned to the JCCC en masse and I am very pleased to report that these past 12 months too have been exceptional year in terms engagement and participation. All of our major events were the biggest and most successful since our move from 123 Wynford and class registration is increasing exponentially.

The year opened with our Oshogatsu-Kai and the turn-out was overwhelming with people lining up around the building. We experienced the same surge of community enthusiasm at our Spring Festival and our Bazaar. Gorgeous weather and a beautifully repaved parking lot also meant the Bon Odori Summer Festival was a huge hit attracting record crowds.

In cooperation with Bravo Niagara we held a sold-out concert featuring one of Japanese's most popular classical pianists Hayato Sumino (Cateen). Our 13th annual TJFF was our most popular to date attracting visiting directors, actors and sell-out crowds. In October the festival visited Tokyo Midtown Hibiya for its 6th Japanese edition, filling the beautiful square in central Tokyo with enthusiastic crowds, stars and filmmakers. In August we hosted a Led Zeppelin tribute concert series by the incredible Mr. Jimmy, transforming the Kobayashi Hall into 1973 Madison Square Gardens for 4 nights and putting our new sound system to the ultimate test.

We hosted mandate-specific cultural events with community partners like Anime North and Pretty Heroes (Pop Culture), Tea Society of Toronto (Nihon-cha Festival) and the Japanese Restaurant Association in Canada (Washoku Matsuri) and by popular demand our Keep The Lantern Lit fundraiser returned last month.

The JCCC participated in the Contact Photography Festival with the Body/Armour show curated by Shin Sugino. The vibrate/still exhibition featured two acclaimed Japanese Canadian artists and the JCCC Gallery currently boasts Spirit Place, the Magnificent Woodcut Art of Naoko Matsubara which opened with the artist in conversation with Bruce Kuwabara, and the premiere of a film.

In December we will hold the full-day Connections Conference exploring generational knowledge and understanding, funded through Japanese Canadian Legacies Society. Our Heritage Department is working with University of Victoria on Past Wrongs, Future Choices and York University on a pilot project to bring community partnerships into second year anthropology courses. Theresa and Vidhya guest lectured about Data Driven Story Telling, which culminated in the students researching JCCC Collection photographs and presenting their research as podcasts, posters or other creative forms. The largest priority for Heritage now is Sedai, the Japanese Canadian oral history project. We have received \$500,000 for a 2.25 year project to ensure the long term safety and expansion of the collection.

Our Martial Arts and Cultural Classes Team have been working on the rollout of an improved membership system, called Member365. To date, all of the Martial Arts classes have been onboarded to the system, which allows for registration, communication and payments all through one portal. As with any new system, there were some initial challenges, but we are receiving positive feedback from users as they run through their second cycle of registrations.

We also made some amazing improvements to the JCCC's physical plant and equipment: a new parking lot, a top-tier Yamaha sound system in Hall, world-class tatami in the dojo, improved East Entrance and elevator and an irrigation system in order to keep our 100+ sakura trees flourishing.

It has been an extraordinary year on all fronts. Many ask us: "How could such a small community create one of the largest and most vibrant Japanese cultural centres in the world?" The answer is simple. The JCCC is blessed with selfless volunteers, an active membership and community, and a dedicated Board of Directors and Staff. Finally, I want to offer my thanks to the community for giving me the chance to be a part of the Centre for the past 24 years. It is an honour and I do my best to serve the community in the manner it deserves. I wish you a Merry Christmas, a Happy Holiday and a Wonderful 2025! 良いお年を お迎えください。来年もどうぞ よろしくお願ひ致します。

With warmest regards,



2024-25 JCCC Board of Directors

Chris Hope, President, JCCC Board of Directors



Happy Holidays and a happy, healthy and prosperous 2025 to all!

Thank you once again to all of the JCCC staff, members, volunteers, our inspirational instructors and educators, and our hard-working board members both at the JCCC and the JCCC Foundation.

Attendance and participation numbers at the JCCC continue to surpass all previous records and the interest in the JCCC and its programming continues to grow. Japan has become one of the most popular destinations for tourists in the world and the JCCC is in a position to significantly benefit from this interest.

Thanks to the support of the Japanese Canadian Legacies Society the JCCC has benefitted in many ways this year. JCLS grants have helped the Centre to re-grade and re-pave its vast parking lot – the first time the Centre has ever undertaken such extensive parking lot work since moving to the current location in the early 2000s. The JCCC's Sedai program is now substantially funded to preserve and properly index and archive a significant proportion of its oral history interviews of survivors and members of the JCCC community that have been gathered since the mid-2000s. In December, the Centre is hosting the incredible Connections conference, bringing Japanese Canadians together from across the country and across generations to discuss what it means to be Japanese Canadian, now and into the future. The JCCC looks forward to further collaboration with the JCLS for support in 2025.

We remain ever grateful to each one of you for your continued support as we continue to balance both the weathering of uncertain economic times and also to boldly pursue new opportunities to bring new Japanese cultural experiences to Canadian audiences and new audiences to the JCCC. The last notes of the incredible 4-night residency by the Mr. Jimmy band presented in August are still lingering in Kobayashi Hall, mingling with the harmonium and piano rendition of Rhapsody in Blue, among other classical masterpieces, presented by concert pianist Hayato Sumino, in May. World class artists presented at a world class facility. There will be more! The JCCC has also partnered with the Next Music From Tokyo Music Festival to present up and coming independent Japanese music artists to Canadian audiences.

And that's just the music.

In 2025 the JCCC will continue supporting its cultural programs and its traditional and seasonal festivals – some of which that go back to the founding of the Centre in 1963. The JCCC will also go further to support a broad array of top-tier cultural event programming by partner organizations. The Washoku Matsuri (Japanese food festival), Nihoncha Matsuri (Japanese tea festival), and the incredibly popular Anime North just to name a few.

The Sakura Gala will be back again this May, along with brand new Sakura Festival events to celebrate the fact that, thanks to a generous donation from Shiseido to celebrate the 150th anniversary of the brand in 2022, the JCCC grounds are now home to more Sakura trees than even High Park.

And of course, the JCCC's unparalleled martial arts classes will continue – at capacity, led by some of the best sensei's in the business.

The JCCC steadfastly remains committed to supporting the concept of friendship through culture as we welcome visitors of all backgrounds and we will continue to share the history of the JC community. The struggles and accomplishments of the JC community must never be taken for granted.

Thank you for all of your hard work and for your continued support.

See you soon at the Centre!

A handwritten signature in blue ink, appearing to read 'Chris Hope'.

Janice Fukakusa, JCCC Foundation Chair

As we approach the end of 2024, we at the JCCC Foundation are very proud to be a strong source of support and funding for JCCC.

We oversee the investment of donations raised by the JCCC, and ensure that we are stewarding the capital prudently so that it is always available to the JCCC. Despite the volatile markets, the investments have continued to increase their value.

Since 2013, The Japan Earthquake Relief Fund, which is administered by the JCCC Foundation, has supported qualified undergraduate and graduate students from the Tohoku region, studying medicine, nursing, psychology and psychiatry.

We continue to disburse funding in Japan for scholarships for students, as well as funding for each of the 3 prefectures, Iwate, Fukushima, and Miyagi. Many students have sent letters of appreciation.

I thank our Board Members for their hard work this year in setting the course for our Foundation, providing wise counsel throughout the year and actively engaging at meetings.

On behalf of the Board of Directors of the JCCC Foundation, I wish you and your families a Happy Holiday Season and a Healthy and Prosperous New Year!

Sincerely,

A handwritten signature in black ink, appearing to read 'Janice Fukakusa'.



UPCOMING EVENTS

ふれてみよう日本のお正月・ OSHOGATSUKAI

2025年1月19日(日)・ January 19, 2025

11:00am to 3:00pm ・ 午前11時～ 午後3時

年末が近づくとこの事は毎年恒例のお正月会が迫ってきています。お正月会2025はトロント都道府県人会・連合会と合同で、少しリニューアルされた形でお届けします。それでも例年通り音楽、食事、そしてお祭りの楽しさを提供するので楽しみにしてください! 2025年1月19日(日)、お見逃しなく!

As the year draws to a close, we invite you to join us for our Annual New Year's Festival coming January 19, 2025, in collaboration with the Toronto Japanese Prefectural Association. While we've always kicked off the new year with music, food, and festive fun, New Years Festival 2025 will aim to be bigger, bolder, and more unforgettable than ever before. So please come with your friends and family, and join in on the fun!



SAVE THE DATE FOR HARU MATSURI 春祭り 2025!

2025年3月1,2日(土,日)・ March 1 & 2, 2025

12:00pm to 5:00pm ・ 正午～ 午後5時

JCCCの春祭りでは様々なアクティビティ、エンターテインメント、展示を通じて、日本の春の祭りを体験できます。このイベントでは、JCCCが提供する文化・武道クラスやクラブの数々をご紹介します。詳細は2月に入ってからウェブサイトをご確認ください!

Haru Matsuri will be happening on March 1 & 2, 2025.

Please watch jccc.on.ca for more details closer to the date! The JCCC will be opening their doors to everyone as they enjoy a weekend filled with activities, entertainment and exhibits all associated with festivities across Japan in the Spring. At this festival, the JCCC highlights our many offerings of cultural classes and clubs and events. Put it in your calendar now!



Honouring our Nikkei Veterans

On November 6, 2024, almost 40 people gathered in the Heritage Lounge to honour our Nikkei Veterans. With the ceremony lead by Karen Webb, VP Heritage, we heard about some of the Veterans who were able to join us, and took a moment to remember those who were not.

This year we were joined by Veterans from World War II, the Korean conflict and several of Canada's peace keeping missions, as well as family members of those who are no longer able to be with us. Our aim for the future is to welcome as many Veterans and currently serving personnel as we are able to reach. To this end, we welcome Veterans to contact us if they would like to be added to our mailing list.

We were also treated to a performance by the Buduo class of Ikebata Nursery School. This performance is becoming an anticipated yearly tradition which brings a bit of joy to an otherwise formal ceremony. Thank you to the Buduo class for all of their efforts to make this a wonderful event.



Cooking for Active Seniors

This second round of classes will focus on preparing a main dish and side dish for an easy meal, but still creating recipes that will serve about two people.

Classes are limited to 16 persons to ensure participants can actively participate in making each of the recipes. After the cooking is done, everyone gets to taste the food they cooked during the class time, enjoy the company of each other, and discuss the recipes made.

Classes are as follows:

- Thursday January 23, 2025 - Asian Turkey Chili with Easy Cucumber Tsukemono
- Thursday March 27, 2025 - Peanut Noodles and Chicken with Miso Salad
- Thursday May 22, 2025 - Salmon Miso Yaki and Green Beans Shira'ae
- Thursday July 17, 2025 - Summer Somen with Toppings and Sunomono

*Please note we will apprise registrants of any date or menu changes should they arise.

Registration: Classes are limited to 16 participants. Cost is: JCCC members \$25.00 plus HST, non-members \$30.00 plus HST. Registration for each class date closes the Thursday prior to the class and can be completed at Reception (416-441-2345) with payment securing your spot.

Next Music from Toyko Update



Next Music From Tokyo brings the best of Japanese independent music from the clubs of Tokyo to stages in Toronto, Montreal and Vancouver. In its 16th year, the festival is now co-presented with the Japanese Canadian Cultural Centre.

This year, the sold out tour featured performances by Hammer Head Shark, Sabanoomisony, Fallsheeps, Nikon, and Koutei Camera Girl Vier.



The JCCC is Hiring! • 求人募集

Join the team of the largest Japanese cultural organization outside of Japan!

The JCCC is looking for part-time Porters (3pm to 11pm) for Evenings and Weekend Days and/or Evenings. Job duties are related to the maintenance of the building and its grounds (supervised/unsupervised). May occasionally require extra hours after 11PM to clean up and/or complete the set up for the next morning.

Key Responsibilities include

- Event set up/breakdown (includes moving, stacking, setting up chairs, tables, and stage decks, moving small pieces of furniture, etc.)
- Walkway maintenance (snow/leaf removal)
- Some custodial services (removing garbage, cleaning the floor and furniture, etc.)
- Close the building at 11pm.

The successful applicant will have excellent organizational and communication skills, as well as being a self-starter. Applicants with the ability to work under pressure and adapt to changing priorities in order to meet deadlines will thrive in this position. Good interpersonal skills and problem-solving skills are an asset. Basic Audio-Visual setup knowledge is a strong asset, but not compulsory.

The position is best suited for someone who enjoys physical work (90%) and a lot of walking, standing, and moderate to heavy lifting (16-50lbs).

Please send your application to hr@jccc.on.ca and mention that you are applying for the Porter position. Please indicate your Days and Hours of availability.

The positions are located at the JCCC, 6 Sakura Way, Toronto, ON M3C 1Z5

Please refer to Job Posting #4232

While we appreciate your interest, please note that only qualified candidates will be contacted.

For more information about this Job Posting, please visit <https://jccc.on.ca/about/careers>.

Delivering the JC Story to Japan

by Chris Hope

On October 15 I had the honour of being the first Canadian to present the opening address on behalf of all global delegates at the 64th Annual Convention of Nikkei and Japanese Abroad in Tokyo.

The convention was established as a global forum for Nikkei emigrants abroad, to recognize the post-WW2 support that was provided to Japan by global Nikkei communities. As such, the convention has largely centred on South American Nikkei communities.

I presented in my capacity as the volunteer President of the Japanese Canadian Cultural Centre in Toronto, and a member of the Board of Governors of the Japanese American National Museum in Los Angeles.

The reality of being left destitute by the government after the War (Canada), and having to rebuild in a climate of rampant discrimination (U.S.) was that, in spite of best intentions, the North American Nikkei population was left in full-on recovery mode and, in spite of its best intentions, Japanese Canadian and Japanese Americans were in no position to directly assist Japan with its War recovery.

Presenting what may have been a controversial point of view in a past age, in my address I noted that where North American Nikkei immigrants may have traditionally been looked down upon in mainstream Japanese culture as being of “low birth”, four generations later, our ancestral curiosity is now leading us “back”. We are now engaging with Japan as doctors, lawyers, architects, educators, diplomats and professionals of every description. Exactly the type of friends Japan needs in this volatile global reality.

The complete text of my opening address is available in a post on my linkedin profile.

It was a slightly disorienting experience to address an audience with simultaneous translation in Portuguese, Spanish and Japanese. Humour landed at different times in different quadrants of the room. Translations were provided from a section of translator studios located at the back of the hall.

At the opening of the convention I had forgotten that one of my assigned tasks was to unfurl a Canadian flag when the delegation from Canada (which turned out just to be me) was announced. In what was, no doubt, a total breach of protocol, I had to jump up from the stage where I was seated next to the speaker representing the Prime Minister of Japan Kazuhiko Aoki, Chief Cabinet Secretary, and run into the audience to find and unfurl the flag, much to the bemusement of all in attendance.

Following the opening address I had an audience with HH Crown Prince Akishino, patron of the convention. Akishino-no-miya expressed a great interest in the Japanese Canadian community and in the origin story of the Japanese Canadian Cultural Centre in Toronto. I received a rare official photograph of that memorable exchange.

As we say at the JCCC when describing the current Maru exhibition, the story of perseverance and selfless support that is shared across the global Nikkei community is the gold in the kintsugi that now unites us as a diaspora.



Find the Perfect Gifts at the JCCC Giftshop! 大切な方への贈り物はJCCCギフトショップで!

Looking for great gifts with a Japanese touch? Visit the JCCC giftshop today and make this holiday memorable.

ホリデーシーズンに向け、何か日本らしい贈り物をお探しですか？ JCCCギフトショップで忘れられないホリデーとなるようなお品物を見つけてください。



Whether you're shopping for family, friends, or that special someone, we have something for everyone:

- Unique items from Japan
- Thoughtful gifts that show you care
- Beautiful Japanese tableware

ご家族、ご友人、あなたにとって特別な方など、どなたにもお喜びいただけるお品物を取りそろえて、皆様のお越しをお待ちしております。

商品例:

- 日本産のめずらしいお品物
- 心のこもったお気持ちが伝わるようなお品物
- 上質な和食器類

Show your JCCC membership and save 10% off your giftshop purchase!

JCCC会員証のご提示いただけますと、お買い上げ合計金額より10%割引となります。

Compact Fridges for Sale – Bazaar Special!

The JCCC has received a delivery of used, but in good working condition, compact fridges of varying brands. These mini fridges are of great value as they are typically retail from \$150-\$400! This shipment was allocated to the JCCC Bazaar, but due to limited storage space at the JCCC we are offering the mini fridges for sale now at bargain JCCC Bazaar prices!

Two sizes are available:

- Small: up to 24 inches high, \$40
- Large: up to 34 inches high, \$50

They are in good, second hand condition and are ideal for use as a beverage fridge in your basement, garage, bar, TV room or any other location in your home. They are perfect for university students to use as a dorm fridge! If you are interested, please contact the Receptionist at jccc@jccc.on.ca or 416-441-2345 for viewing. Get one now while quantities last!!



Sample photos only, sizes and colours vary.



January Film: A SAMURAI IN TIME

Thursday January 23, 7:00pm

Admission

\$8.85 +HST (\$10) JCCC member; \$10.62 +HST (\$12) non-member

Toronto Premiere

"One of the most heart-warming time-traveling films you'll ever see. Director Junichi Yasuda has crafted a genuine film of kindness, integrity, and purely delightful entertainment." - Chris Sawin, Bounding into Comics

At the end of the Edo period in Kyoto, during a stormy night a samurai prepares to fight against a ronin, when a flash of lighting hits and when he wakes up to find himself in a different time. He has been transported through time to the present day and the location where he was about to duel is now a film set for jidaigeki TV shows and movies. He soon finds himself playing the role of a "kirareyaku", a swordsman whose job is to die spectacularly on film. Hilarious and heartfelt, one of the year's most enjoyable Japanese films.

Starring Makiya Yamaguchi, Norimasa Fuke and Yuno Sakura



JOIN US FOR
FAMILY DAY!



FAMILY SPECIAL
MEMBERS \$26
NON-MEMBERS \$30
SEE BELOW FOR DETAILS

February Film: GHOST CAT ANZU
Sunday February 16, 2:00pm

Admission

FAMILY SPECIAL!! 2 adults, 2 kids \$23.01 +HST (**\$26**) JCCC member; \$26.55 +HST (**\$30**) non-member
INDIVIDUAL TICKETS \$8.85 +HST (**\$10**) JCCC member; \$10.62 +HST (**\$12**) non-member;
\$5.31 +HST (**\$6**) kids 14 & under

Precocious 'tween Karin finds herself abandoned by her father in rural Japan. Living in a temple with her grandfather, she meets Anzu, a giant "ghost cat" and notorious layabout tasked with looking after her. Distrustful of her new guardian, Karin sabotages Anzu's odd jobs for the townsfolk and befriends the eccentric local forest spirits. In an effort to win Karin over, Anzu accidentally makes a deal with the devil, and all Hell breaks loose.

Ghost Cat Anzu is co-directed by renowned artist Yoko Kuno, who makes her sort of a slacker variation on TOTORO, tackling the similar theme of a troubled kid's summertime coming-of-age in a countryside inhabited by supernatural creatures. The bucolic charm of its setting is offset with bone-dry deadpan wit and an emotional tone that is tender, sometimes painful. Based on the manga by Takashi Imashiro, the French-Japanese co-production is co-directed by animator Yoko Kuno, a veteran of the CRAYON SHIN-CHAN movies, and live-action notable Nobuhiro Yamashita OF LINDA, LINDA LINDA and ONE SECOND AHEAD, ONE SECOND BEHIND.

Co-produced by Shin-Ei Animation and Miyu Productions with music by legendary musician Keiichi Suzuki (EarthBound)

Starring Munetaka Aoki, Noa Goto, Miwako Ichikawa, Mirai Moriyama and Keiichi Suzuki



Artsu Matsuri Opens on January 12, 2025

The JCCC Gallery is pleased to be having Artsu Matsuri in 2025 from January 12 to March 14, 2025. This annual community art show is one of the highlights of our year and we look forward to welcoming back artists from former exhibits as well as welcoming new ones.

This year has an open theme and artists of Japanese, Japanese Canadian descent and members of the JCCC community were invited to show their work in this community exhibition. The opening reception will take place on January 12 from 2:00-4:00 pm. Light refreshments will be served.

Artsu Matsuri will run until March 14, 2025 in the JCCC Gallery. Artist talks TBA. Check the JCCC [website](#) for more information.

Artsu Matsuri

An exhibition of work by Japanese Canadian Artists



Welcome Claire

Hello! My name is Claire and I'm the new Audio Visual Archivist at the JCCC. My background is in archives, museums, and photography. I'm so excited to get to work with the Sedai Oral History Project over the next two years to help ensure it is preserved for future generations.

It has already been a busy and exciting two weeks and I'm looking forward to getting to know everyone! When I'm not archiving, I love crosswords, gardening, baking, and rock climbing.

Claire has joined the JCCC as part of our JCLS funded Sedai Oral History Project. In their role as AV Archivist, Claire will be updating our Sedai Storage Systems to ensure the long term preservation and accessibility of the collection. This precious resource will be their main focus during the next two years.

Watch for more information about the JCLS funded Sedai Oral History Project in upcoming newsletters! We have a lot of exciting activities planned!



Martial Arts News

As this is a double issue, please note the following registration periods:

JUDO and KENDO – December 1 to 20, 2024

Kendo will be entering the M365 registration portal for the first time, so please look for your welcome email.

IAIDO, KYUDO and NAGINATA – January 1 to 20, 2024

As the martial arts team reflects on the past year, we would like to thank everyone in the JCCC martial arts community for their patience and understanding while we completed our Members First project and the roll out of the M365 registration portal. As we gain more experience with the system, we expect that it will offer you more flexibility for registering and improved communications.

The JCCC would also like to acknowledge a growing trend in the JCCC martial arts community. We are happy to report that many of our participants have shown great dedication to their martial arts and it shows! We have many participants achieving upper level ranks. Congratulations go out to the all those who have ranked over the past year!

We look forward to more great achievements in 2025!



Jodo

1st Dan

- Adam C
- Jeanne C
- Margaret L
- Atsuko W

3rd Dan

- Kazumi M
- Kendrick C

Karate

Shodan

- Shea D-H
- Kieran G
- Stephanie H
- Peter J

Sandan

- Tim C
- Paul T

Kyudo

Rokudan

- Takahashi Sensei

Renshi

- Yukiko I



6 JCCC Karateka earned new Dan belts at the Shito Ryu Itosu-kai Fall ranking.



Kyudo celebrates Takahashi Sensei's rank to Rokudan.

DONATIONS

DONATIONS TO THE JCCC

AS OF NOVEMBER 4, 2024

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

JCCC

Mr. Jim Abe & Ms. Debbie Clarry	100	Mr. & Mrs. Ellis Oishi	100	<i>In memory of Frances Yaeki Nakamura</i>	
Mr. Michael & Mrs. May Ah-Sue	50	Silang Orser	50	Ms. Kathryn Hendrick	50
Mrs. Dawn Anzai	27	Ms. Judith Sheridan	100	Mrs. Chiyo Inamoto	50
Mr. Nicholas Barretta	100	Mr. Raj Thavaratnasingham & Ms. Kumudhini Thavaraj	10	<i>In memory of Katsu, Masuko and Hideyo Iguchi</i>	
Mr. John Bowden & Mrs. Nelly Ng	100	Mr. & Mrs. Godfrey Uyeno	50	Mrs. Pat Adachi	200
Mrs. Aileen Chiba	50	Dr. & Mrs. Kazuhiro Yasufuku	10,000	<i>In memory of Kay Fujita</i>	
Mr. & Mrs. Ray Edamura	100	Keep the Lantern Lit		Mr. Richard Choe & Ms. Kim Uyede-Kai	100
Mr. & Ms. Jim Fenn	60	Mrs. Taeko Yoshizaki	100	<i>In memory of Kaye Kamenishi</i>	
Mr. Tony & Mrs. Kumiye Gardiner	60			Mrs. Pat Adachi	100
Mr. & Mrs. Shinya Godo	20	Corporate		<i>In memory of Masuo Yamashita</i>	
Ms. Miki Higashine	17	SHISEIDO (Canada) Inc.		Mr. & Mrs. Constantin Dutescu	100
Ms. Marion Hope	80	Toronto Japanese Film Festival		Mr. Iwao & Mrs. Keiko Kuroyama	100
Mr. Leo & Mrs. Colleen Hrivnak	100	Williams & Partners		Ms. Megumi Kuroyama & Ms. Loraine Kelly	100
Mrs. Marie Ikeda	500	JCCC Family Golf Tournament		Mrs. Debbie Loduca	200
Mrs. Chiyo Inamoto	100	Emergency Appeal		Ms. Louraine Milne	150
Re BC Survivor		Ms. Martha Arima	30	Ms. Shelley M Murao	100
Ms. Stacey Inouye	50	Mr. William Cruz	50	Mr. Hiroki & Ms. Naoko Nakaza	100
Mr. Arthur Ito		In memory of Roman T Yap		Ms. Suzanna Porter	150
Keep the Lantern Lit		Mrs. Elinor J. Dunlop	35	Mr. Rick & Mrs. Kathy Tazumi	50
Mr. Kim Iwasa-Madge	100	Mr. Patrick Dunlop	10	<i>In memory of May Hiramatsu</i>	
Ms. Sumiko Jin	50	Mr. Robbie Grant	25	Dr. Ian Akiyama	100
Ms. Meg Karper	10	Mrs. Jan Nobuto	100	<i>In memory of Mitsue Kay Fujita</i>	
In honour of The Otani Family		Mrs. Midori Takahashi & Mr. Chris Barkley	25	Mrs. Peggy Taira	75
Mr. & Mrs. Anthony Katsuno	700	In memory of Shoji & Sachi Takahashi			
Mrs. Rose Kelly	20	Mr. Regan Takenaka	25		
Mrs. Nancy Y Kimura	25	In memory of Tony & Kimi Takenaka		Heritage	
Mrs. Helen Koyama	50	Ms. Karen Tanino	50	Abbozzo Gallery	1,000
Mrs. Masako Kurobe	10	In memory of Ken & Ruth Tanino		Anonymous	358
Mr. Robert & Mrs. Chiyo Donna Mitobe	50	Mrs. Donna Yoshimatsu	150	Ms. Kathryn Okawara	100
Ms. Marianne Nagata	100			Mr. Edward Masaru Shimoji	500
Mr. Joe Bernaske & Ms. Yoshie Nagata	60	In Memoriam		Mr. Peter H. Wakayama	100
Mr. Roy Nakagawa	200	<i>In memory of Arnold Arnie Arai</i>		<i>In memory of Arnold Arnie Arai</i>	
Mr. & Ms. Ronald Nishi	400	Mr. Craig &	75	Ms. Janet Aitken	50
		Mrs. Norma Fleming		Mrs. Akiko Arai	50
		Mrs. Marie Ikeda	100		

DONATIONS

JCCC Family Golf Tournament

Anonymous	135
Anonymous	1,450
Anonymous	81
Mr. Brandon Morishita	500
Mr. Barry Akiyama & Ms. Marion Smith	126
Ms. Dawna Kobayashi	200
Mr. Christopher Kobayashi-Reid	68
Mr. Michael Koyata	68
Mrs. Sharon Marubashi	351

Mr. Jon Nagamatsu & Ms. Adrienne Go	80
Mrs. Doreen Oyagi	200
Mr. & Mrs. Stephen Saito	80
Mr. & Mrs. Bryan Shigeishi	200
Mr. & Mrs. Douglas Shimada	68
Mrs. June E. Shin	80
Mr. Thomas Shin	68
Mr. & Mrs. Matt Shintani	468
Mr. & Mrs. Gary Tehara	200
Mrs. Margie Uyeda	80
Mr. Jack & Ms. Karen Webb	68
Mr. David Jody Hamade	200

In memory of Paul Marubashi

Support Member

Leader

Mrs. Valerie Nash 477

Partner

Mrs. Marie Ikeda	150
Mr. George & Mrs. Amy Nakano	110
Mrs. Linda M. Oikawa	127
Mrs. Shirley Okawa	150
Ms. Carole Ono	127
Mrs. Lorie Sikura (Edamura)	116
Mr. & Mrs. Hideo Takasaki	110

OPERATION TATAMI 2024 INSCRIPTIONS

DECEMBER 2023 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

Yellow Competition Mat

55th Anniversary of JCCC Aikikai
Anonymous
In Memory of Sensei Bill Aoki
Des Aubin Joseph Yangmi Sylvie et Pascal
Charlie's Meat
Matthew Dales
In appreciation, "DISCOVER JAPAN" by AJC
Ken Fukushima
JCCC Judo-Kai
In Memory of Sensei Peter Hasegawa
Sid Ikeda
Adrian Iliescu
Shane Le Gros
Maison Changkeun Lee
Matsumura Family
Mazumder Family & Friends
Camber Muir
In Memory of Sensei Genichiro Nakahara

Osamu Obata Shihan & Kenji Ochi Sensei
In Memory of Frederick Y. Okimura
Gerald N Okimura JCCC Judo-Kai
Ziyi Peng
George Mitsuyuki Sakata, 7Th Dan, Judo
Darrell Masumi Sakauye JCCC Judo-Kai
In Loving Memory of Mom Yvonne Scott
In Memory of Sensei Joe Serianni
Russ Takashima
Michael Tam
Kai Taniguchi Wong & Kyo Taniguchi Wong
Harry Tonogai
Jonathan Wong

Green Keiko Mat

Anonymous
Toshi & Mary-Beth Arima
Langke and Jake B.
James and Masayo Heron
In Memory of Sensei Frank Idenouye
In Memory of Sensei Ken Ikeda
Kadota Family
In Memory of Sensei Glenn Kawano
Shane Sachiyo and Yuji Le Gros
Masaru Matsubara
K. Nagao
Sensei-Obata, Matsubara, Adrian, Camber
In Memory of Mack Makoto Oikawa 3rd Dan
Kevin And Nancy Roxby
Anca And Dan Rusu
In Memory of Jack Shigetomi
Michael Tam
Vernon Toyonaga

THANK YOU

The JCCC is extremely grateful for the generosity of all who have made donations during this past year. The outpouring of support, commitment and kind words of encouragement we have received is a testament to our motto, Friendship Through Culture.

Eligible donations received or postmarked by December 31, 2024 will receive a tax receipt for the 2024 tax year.

JC3-PITCH CHAMPIONSHIP TROPHY AWARDED TO THORNHILL TOYOTA

Thornhill Toyota's 4Runner team captured the Japanese Canadian 3-Pitch League 2024 title and Ms. Helya Madani of Thornhill Toyota was presented with the championship trophy. The JC3-Pitch league would like to thank Helya, Thornhill Toyota and the Weins Auto Group for their continued team sponsorship support and Ms. Tammy Squires for coordinating all of the necessary arrangements. Good luck in 2025 in their bid to repeat as champions!



Thornhill Toyota Trophy Presentation

Left to Right - Helya Madani, Thornhill Toyota Assistant General Manager, Bob Doi, JC3-Pitch President and Tammy Squires, Thornhill Toyota Sales Administrative Assistant.

健やかな老後をめざして その79

時の流れに身をまかせ、はや74年!

皆さま、健康に関する思いやつぶやきに根気強くおつき合ってください。本当に有難うございます。きたる2025年がお健やかで幸多き日々となりますようお祈りいたします。

さて、私は正月2日に74歳になります。老年看護学を専門分野として働いていた30~50代、老年に関する理論はわかっていますが、その実感は! ?とところが今は、選んだ仕事のお陰で"年齢を重ねることに興味関心が深まっている"とつくづく思います。自分自身の心と身体がどのように変化していくのかをしっかりと観察することができるからです。これが本当に面白いのです。

森山良子さんが「あれ、それ、そうそう、あれなのよ……」と歌う愉快な曲がありますが、50代にはこれっぽっちも(決して)口にしたことがなかったのに、ここ最近をよく起こります(ホントに!)。昔のことではなく、新しい事柄や名称の場合に! やっぱり短期記憶からの忘れは始まるのだな、と思い知らされます。特に実感するのは新しく学んだ英単語! 使いこなそうと努力しても「あれっ、何だったかな?」ということはいよいよ。英語を使って働いていた生活から離れて長いことも影響しているのでしょうか。

最近夫Johnと会話する時、新しく覚えた、あるいは脳深くしまい込んでいる単語を引き出すことを心がけています。頭をかく乱させる作業をあえて行っています。また「この単語をほかの言葉でなんと言う?」と質問するようにも! まるで大学受験のようですが"初心にもどって英語を学ぼう"としています。向学心に燃える自身を保っている間はまだ認知機能は大丈夫、と信じながら(大笑)。

55歳から続けているピアノレッスンは、COVID-19が始まって以降はオンラインで指導を受けています。血液自己免疫疾患(低気温や感染によって赤血球が溶血)と診断されているので、寒い日や雪の日は外出できないことを理由にさぼることもあったのですが、オンラインレッスンとなってからは言い訳できず、欠席なしの優等生です(笑)。

さて、やり始めたら地道に努力する姿勢には100点をあげてもよいと自負していますが、実際の上達度に関しては? 子どもの頃からピアノを始めた人と比べると、帰国などで長期間休むと元のレベルにもどるのに相当の時間が必要です。また、練習している折は楽譜なしで弾けた曲でも、数ヶ月まったく弾かないと「どうだったかな?」といった具合で、さあーと

指が動いてくれません。さらに、1つの曲の修了を認めてもらうまでの期間も徐々に長くなっています。

つまり、シニアには根気と時間がとても必要なのです!

ですが、良いことがたくさんあります。続けることにより指や手首の機能や筋力が保たれます。もしピアノを始めていなければ、現状を維持できなかったのでは、と感じています。さらに、楽譜を読めること、左右の手指と足を緻密に連動させるために脳神経系の働きを駆使すること、音楽(アート)に触れ親しむ機会によって心が癒されること等は、心身の機能維持に非常に効果的といえます。

それ以上に恵みと感ずるのは、素晴らしい師匠(Ms. Chiharu Beverly Klugh)との出逢いです! ただレッスンを受けるというよりも、作曲者の生まれ育った時代背景や文化、音楽のもつ豊かさ等について語り合えることがとても楽しみなのです。中高年ならではの生涯学習の良さがここにあります。1つの楽器を通して学ぶことが歴史観や世界観にまで広がっていく……それは本当に幸せな瞬間(とき)です。

2025年も様々な出来事の1つひとつの瞬間を大切に、その流れに緩やかに身をまかせながら"英子"を磨いていきたいものです。マーナ豊澤英子(医学博士 老年看護スペシャリスト mernagh@rogers.com)





Japanese Canadian Survivors Health & Wellness Fund

October, 2024 Update for the Japanese Canadian Survivors Health and Wellness Fund

The Japanese Canadian Survivors Health and Wellness team is hard at work processing applications. While there are grant cheques being mailed on a regular basis, we know many Survivors are waiting and frustrated at the length of time to receive a cheque. Due to the volume of applications received to date the wait time has increased. We thank you for your ongoing patience. There is a detailed process to confirm eligibility and due diligence to ensure that the money is being awarded to appropriately qualified Survivors. Since February 1, 2024, we have received approximately 5000 applications from Japanese Canadian Survivors living around the world. To date, we have awarded over 3500 grants to over 2000 Survivors.

We follow a strategy to process applications by prioritizing age and health and the wellness needs of living Survivors. High priority status is due to physical and / or mental health, or financial need. We started with those aged 100+ years and dropped each group by 5 years (100+ then 95+, 90+ and 85+). We are now serving those born pre-1942 (82+ years) and continue to include priority applications. **You can make an online application until March 31, 2025.** Confirmation of your application is sent by email. A reference number (SR-XXXXX) is issued. Please keep this number. If you have a SR number, please do not re-apply. Duplicate applications require more time to process

Eligibility

Eligible applicants for both Grants 1 and 2 must meet ALL of the following requirements:

- be of Japanese descent * be born before April 1, 1949
- have lived in BC before April 1, 1949 OR had parents or grandparents who lived in BC before April 1, 1949
- have been directly impacted by the actions of the BC government before April 1, 1949

In addition, for Grant 2:

- On or after February 1st, 2024, the Survivor must be alive at the time of submitting the application

To validate your application please locate the following documents:

- Personal identification (e.g. birth certificate, passport, a picture ID)
- Birthdate before April 1, 1949
- Proof of current mailing address (e.g. Driver's License, recent credit card statement, utility bill)

DO NOT send the Society any personal documents by email or mail. This is for your protection.

Validation

Once the file is assigned to an Outreach Worker, they will contact you by phone or email and arrange to either meet with you in person or virtually (by Zoom).

1. The first step is confirmation of date of birth prior to April 1, 1949.
2. The next step is validation of Roots in British Columbia (B.C.), which confirms the Survivor's ties to BC prior to April 1, 1949.

Research is conducted by staff. However, the onus is on the Survivor/Representative to provide sufficient information to confirm that the Survivor has Roots in BC.

Many have already met with an Outreach Worker for step 1. There is a delay to process step 2, research confirmation of Roots in BC from official documents or recognized databases/sources. Please understand that it is more difficult to find the Roots in B.C. for those born post uprooting (after 1942) and born outside of B.C. Linkage is required of the Survivor to the parent or grandparent with the permanent residence in B.C. prior to April 1, 1949.

For enquiries, please contact our JCSHWF General Phone/Toll-free phone or email:

JCSHWF General phone 250.797.6300

JCSHWF North American toll-free phone 1.833.368.6462

JCSHWF Email: help@jcwellness.org

The list of Outreach Workers is available on our website: <https://jcwellness.org/outreachworkers>

We thank all Survivors for their patience as we proceed through the validation process for 5000 applications.



Japanese Canadian Survivors Health & Wellness Fund

日系カナダ人生存者健康福祉基金協会 2024年10月時点でのアップデート

日系カナダ人生存者健康福祉基金チームは、懸命に申請手続きを行っています。助成金の小切手は定期的に郵送されていますが、現在、お申込みが多数寄せられているため、大変長らくお待たせしております。ご理解とご協力のほどよろしくお願いたします。適切な資格のある生存者の方々に支給されるよう、受給資格の確認と適正評価手続きのための細かなプロセスがあります。

2024年2月1日以降、世界各地に住む日系カナダ人生存者の方々から約5000件のお申込みが寄せられました。現在までに、2,000人以上の生存者の方々に3,500件以上の助成金を授与しています。

私たちは、生存者の方々の年齢、健康状態、ウェルネス・ニーズを優先して申請を処理しています。優先順位が高いのは、身体的・精神的な健康状態、または経済的な必要性によるものです。私たちは100歳以上の生存者の方々のお申込みから処理を始め、各グループ(100歳以上、95歳以上、90歳以上、85歳以上)を5歳ずつ下げてきました。現在は1942年以前に生まれた方(82歳以上)を対象としており、引き続き優先順位を考慮しつつ手続きを行っています。**お申込みは2025年3月31日までオンラインで可能です。**お申込みの確認はメールにて送信されます。確認番号(SR-xxxxx)が発行されます。この番号は大切に保管してください。確認番号をお持ちの方は再申請をご遠慮ください。重複申請の場合、お申込みを処理するのにさらに時間がかかります。

受給資格

- ・ 助成金1及び2ともに、下記の条件にすべて当てはまる方が対象となります。
- ・ 日系人であること
- ・ 生年月日が1949年4月1日以前であること
- ・ 1949年4月1日以前にBC州に居住していた、または1949年4月1日以前に親または祖父母がBC州に居住していたこと。
- ・ 1949年4月1日以前にBC州政府の措置による直接的な影響を受けたこと
- ・ また、助成金2にお申込みの方は下記の条件も満たす必要があります。
- ・ 2024年以降、生存者が助成金の申し込み完了時に生存していること

本人確認及び受給資格確認のため、以下の書類をご用意ください。

- ・ 身分証明書(出生証明書、パスポート、写真付き身分証明書など)
- ・ 生年月日が1949年4月1日以前であることを証明する書類
- ・ 現住所を証明する書類(運転免許証、最新のクレジットカード明細書、公共料金の請求書など)

個人を特定できる書類は情報保護のため、当団体へ郵便・メール等での送付をご遠慮ください。

本人確認・助成金受給資格確認

ファイルがアウトリーチワーカーに割り当てられると、アウトリーチワーカーは電話またはメールにて申請者(代理申請の場合は代理人)に連絡し、生存者の方の本人確認及び助成金受給資格確認を対面で行うか、ビデオ通話(ズームなど)を通して行うか決めます。

1. 最初のステップは生年月日が1949年4月1日以前であることの確認です。

2. 次のステップは、ブリティッシュコロンビア州(BC州)におけるルーツの確認です。これにより、生存者が1949年4月1日以前にBC州とのつながりがあることを確認します。

リサーチはスタッフによって行われます。但し、生存者がBC州とのつながりを持つことを確認するのに十分な情報を提供する責任は生存者や代理人にあります。

ステップ1については、すでに多くの生存者の方が終わっています。ステップ2である、BC州にルーツがあることを公文書や認知されたデータベース・情報源から確認する手続きには時間がかかります。特に強制移動後(1942年以降)に生まれた方やBC州以外で生まれた方のBC州へのつながりを見つけることがより困難であることをご理解ください。1949年4月1日以前にBC州に永住していた親または祖父母と生存者とのつながりが必要です。

生存者の方々はこのような厳しいプロセスをご存じないかもしれません。これは、助成金の支給に不正がないようにするための要請です。虚偽の申請をすることは犯罪行為です。

ご質問等ございましたら以下の連絡先にお問い合わせください。

電話番号: 250-797-6300

トールフリー番号(北米): 1-833-368-6462

メールアドレス: help@jcwellness.org

アウトリーチワーカーのリストはウェブサイトからご確認いただけます。 <https://jcwellness.org/outreachworkers>

5000件のお申込みを処理するにあたり、皆様のご理解とご協力に感謝いたします。



JSS プログラム:2024年12月 & 2025年1月

JSS Programs December 2024 & January 2025

以下は2024年12月及び2025年1月に予定されている、JSSのプログラムです。
 詳細やお申込みは[JSS ウェブサイト](https://jss.ca/)、または416-385-9200 /
PROGRAMS@JSS.CA まで。

Check out our upcoming Dec 2024 & Jan 2025 programs!
 *Pre-registration required. Visit [our website](https://jss.ca/) and/or contact 416-385-9200 / programs@jss.ca for more details & RSVP.

1. 歳末助け合いホリデードライブプログラム2024

JSSは例年通り、ホリデードライブ(歳末助け合い運動)を開始しております。コミュニティ内で生活上の助けを必要としている方々にホリデー前に支援をお届けできるよう、ぜひ皆様の温かな寄付をお寄せください! 寄付の方法は[ホリデードライブウェブサイト](https://jss.ca/)をご覧ください。

お問合せはお気軽に、JSS HOLIDAY DRIVEチーム
HOLIDAYDRIVE@JSS.CA/416-385-9200)まで。

2. モミジ&JSS オンライン講座シリーズ 2025年1月(水曜3時~)

登録可能な講座・過去の講座一覧などシリーズ情報は、JSSウェブサイト:[モミジ・JSS:オンライン講座シリーズ](https://jss.ca/)をご覧ください。

「運動と慢性疾患」1月22日(水)15時(英語)

本セミナーでは、有酸素運動から筋力トレーニングまで、様々な種類の身体活動を探求し、それぞれが全体的な健康にどのように貢献するかを学びます。また、最新の運動に関する推奨事項についても説明し、特に高齢者にとってどの程度の運動が理想的なのかを理解していただきます。さらに、高血圧、糖尿病、肥満などの主要な慢性疾患の予防と管理における運動の重要な役割についても掘り下げます。

※詳細・お申込みは[JSSウェブサイト](https://jss.ca/)またはPROGRAMS@JSS.CAまで

3. JSS家族支援プログラム

1. かけはしの会オンライン交流会:KAKEHASHINOKAI@JSS.CA

発達障がいのお子さん(年齢不問)を持つ保護者の方のためのサポートグループです。

2. シングルマザーサポートグループ:MSG@JSS.CA

シングルマザーおよびシングルマザーになることを視野に入れている方々を対象としたサポートグループです。

4. レギュラーJSSプログラム(日本語)

1. クラフトクラブ交流会 : 第1・3水曜日、10時半~正午 お問合せは
CRAFTCLUB@JSS.CAへ

2. やさしいシニアヨガ(第21期:11/11~12/2毎週月曜日)お問合せは
SENIOR.YOGA@JSS.CAへ

3. 懐かしい日本の歌を歌う会 : 第2・4月曜日、13時半~15時 お問合せは
UTANOKAI_B@JSS.CAへ

1. The 25th Annual Holiday Drive

Japanese Social Services is starting its annual Holiday Drive Program. Help us so that JSS can deliver support to our community members in need for their warm holidays! *Visit [Holiday Drive Website](https://jss.ca/) for how to support.

*For inquiries, please contact holidaydrive@jss.ca or 416-385-9200

2. e-Learning Series

*Visit [JSS website](https://jss.ca/) for the list of seminars & past recordings

Physical Activity and Chronic Disease: Wed. Jan 22, 3pm (English)

In this session, you will explore the various types of physical activity, from aerobic exercises to strength training, and learn how each contributes to overall well-being. We'll discuss the latest physical activity recommendations, helping you understand how much movement is ideal especially for seniors. Additionally, we'll delve into the critical role of physical activity in preventing and managing major chronic diseases, such as hypertension, diabetes, and obesity.

*Visit [our website](https://jss.ca/) or contact programs@jss.ca to register

3. JSS Family Support Programs

1.Kakehashi no Kai : Contact kakehashinokai@jss.ca

Kakehashi no Kai is a monthly support group for parents raising children (of any age) who are neurodiverse.

2.Single Mother Support Group : *Contact msg@jss.ca

A monthly support group for single mothers and those considering becoming single mothers to share information and experiences.

4.JSS Regular Programs

1. Craft Club Social : Twice a month on the 1st and 3rd Wednesday, 10:30 am – noon *RVSP at craftclub@jss.ca

2. Easy Yoga for Seniors (Term 21 : Nov 14 – Dec 2, Mondays, 10:00 - 11:30am) *Contact senior.yoga@jss.ca

3. Nostalgic Japanese Song Singing Group : Twice a month on the 2nd and 4th Monday, 1:30-3:00 pm

*Contact utanokai_b@jss.ca

Sakura: A Cherry Blossom Viewing Concert by Flutist RON KORB

Thursday
April 17 2025

KOBAYASHI HALL
Japanese Canadian Cultural Centre
6 Sakura Way, Toronto
ON M3C 1Z5



2025 Grammy-nominated Japanese Canadian flutist and master of Japanese woodwinds Ron Korb's "Sakura: A Cherry Blossom Viewing Concert" blends exquisite flute music with the serene beauty of Sakura cherry blossoms, celebrating the timeless Japanese tradition of Ohanami.

TICKETING INFORMATION COMING SOON



JAPANESE CANADIAN
CULTURAL CENTRE
カナダ日系文化会館

WWW.JCCCN.CA

17th Japanese Calligraphy Competition in Canada

by Shodo Canada

Congratulations to the award winners chosen from 153 entries to our annual competition hosted by Sensei Noriko Maeda with congratulatory speeches by the Consul-General of Japan, Mr. Takeshi Matsunaga, Ms. Noriko Yamamoto, Japan Foundation Toronto, and Mr. Christopher Hope, Japanese Canadian Cultural Centre.

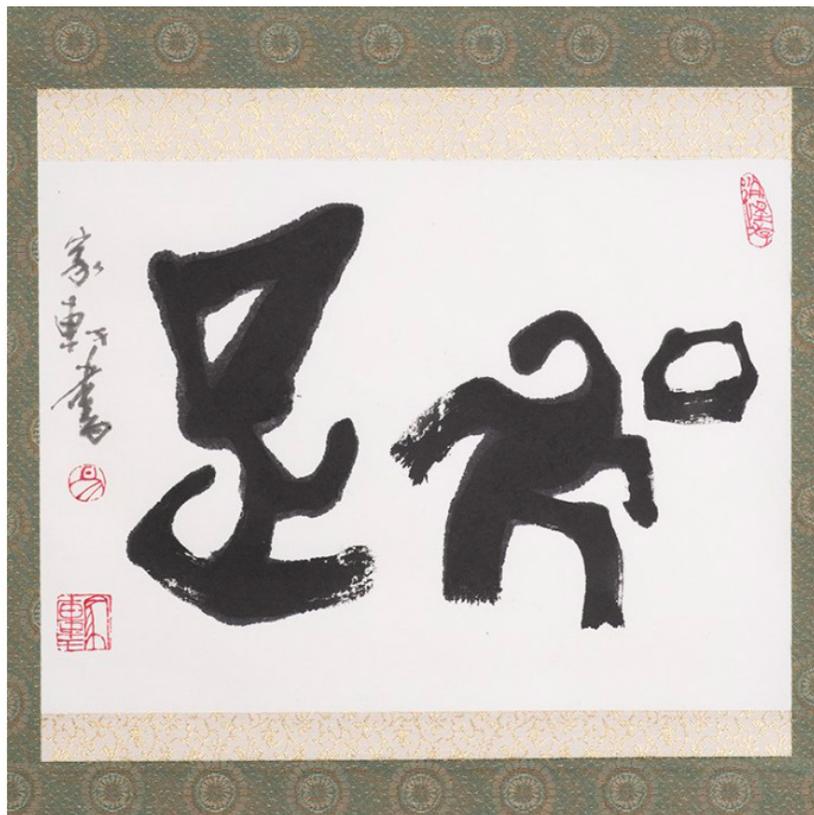
The diversity of this year's competition mirrors the essence of Japanese calligraphy itself. The many different styles have developed over centuries with distinct character and expressiveness. Entrants explored this diversity with each word, poem, and sentence creating a wide range of meanings.

In this the Year of the Dragon, six diverse works received the Dr. Rick Nishikawa Memorial Award for capturing the energy and spirit of the dragon. The top award Kenzaburo Date Memorial was shared by two works that exemplify the broad range of expressions within the art of Japanese calligraphy; one traditional, the other contemporary.

In her keynote speech, Ms. Ichiyo Nagata-Gold Award, highlights learning experiences from her Shodo class that spark personal memories and communal connections, and inspire new directions in her daily life. Please visit our website to read her speech, and to view this year's exhibition of scrolls.

Shodo Canada wishes to thank the Consulate General of Japan, the Japan Foundation Toronto and the Japanese Canadian Cultural Centre for their support.

We are pleased to announce the 18th Japanese Calligraphy Competition in Canada. **Deadline February 28, 2025.** For information visit: www.shodocanada.com.



▲JIAXUAN YI

Contentment | Ottawa, ON

18th
**Japanese
Calligraphy
Competition**
in Canada

日本書道公募展

Entry Deadline | February 28, 2025

Award Presentation & Exhibition
Online October 26, 2025

Entry Forms available on website
<https://shodocanada.com>

Follow us   

Competition organized by SHODO CANADA

JCCC · 日系文化会館

ふれてみよう日本のお正月

謹賀新年

New Year's Festival 2025

SUN, JANUARY 19
11:00AM-3:00PM
令和7年1月19日(日)

- Shishimai (Lion Dance)/獅子舞
- Traditional Mochi Pounding/餅つき
- New Year's Calligraphy/書初め
- Taiko Drumming/太鼓
- Food and Market Vendors/各種ブース
- Kids Area/キッズエリア
- And more activities

GET ADMISSION TICKETS FROM HERE

SCAN ME



JCCC members : \$5 +HST
Family: \$15 +HST
(2adult and 3children)
Non-members: \$10 +HST
Family: \$20+HST
Free under 5years old!



先着で100名のお子様にお年玉さしあげます!
First 100 children receive Otoshidama!

*Many vendors only accept cash. No ATM on site.



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6 Sakura Way, Toronto, ON M3C 1Z5
www.jccc.on.ca 416-441-2345



Toronto Japanese
Prefectural Association
トロント都道府県人会・連合会



SPRING FESTIVAL 2025 HARU MATSURI

Toronto's Annual Celebration of
Japanese Spring Traditions



Sat. Mar 1
Sun. Mar 2

12:00pm - 5:00pm

Enjoy! Delicious Japanese Cuisine
See! Hina Ningyo Dolls, Martial Arts and Dance
Experience! Traditional Music, Arts, Crafts, and
more!

More info coming soon!



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Cell: 416-884-8328, email: jim@abecopl.com, or Nao Seko: 416-579-6921

Come and volunteer with the JCCC! Scan the QR Code or email volunteer@jccc.on.ca to find out more.

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Matthew Shintani



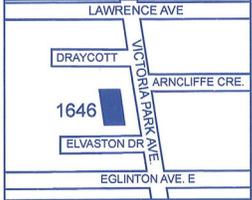
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Summer Reading List
A curated list of the best new books from Japanese Canadian and American authors this year
Summer Reading List P.9

Uncovering the life of a cultural trailblazer
Author Kyo Maclear explores the life of Cyo Fujikawa in her new children's book
Summer Reading List P. 10

NIKKEI VOICE
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SUMMER 2019 VOL. 33 NO. 6

Kimono fashion show
Tofino apologizes for 1947 motion to exclude Orientals
Mission prevented Asians from owning property or businesses
Michael Abe Contributor

Comedian Toshiyuki Teruya's film explores a rare Okinawan tradition



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