

APRIL 2024 · 2024年4月



JCS HEALTH & WELLNESS
JCサバイバー・ヘルス&ウェルネス

APRIL FILM SCREENING 月例映画上映会

CULTURAL CLASSES











One patient at a time
Surfaces are disinfected
Air purifier running

Kanae Urashima

Registered Acupuncturist, Japanese Seitai, Nutrition Specialist

JCCC / Suite 276b 647-707-9530 healthyfamilies@yahoo.com





DAVID IKEDASales Representative

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Contact the JCCC・お問い合わせ

For enquiries, please contact respective staff directly [see staff directory here] or email us at jccc@jccc.on.ca. For general enquiries by telephone, please call 416-441-2345 during our operating hours (Mon-Fri, 10am-8pm, Sat-Sun 10am-5pm).

担当スタッフに直接ご連絡(スタッフリストはこちら)、又は、jccc@jccc.on.caまでEメールをお送りください。

一般的なご質問は、**416-441-2345**内線222に電話、メッセージを残してください。開館時間内(月~金、午前10時~午後8時、土日、午前10時~午後5時)にご連絡ください。

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YOUR NEWS IS WELCOME! 皆様からの寄稿をお待ちしております。

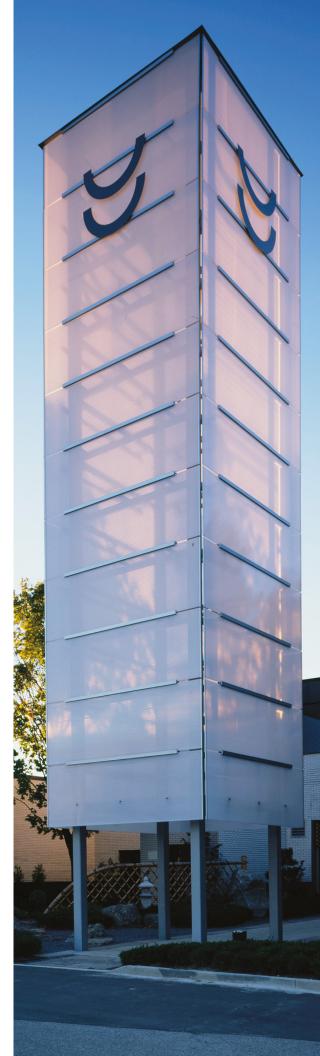
The submission deadline for the March issue is: Thursday, April 4, 2024.

次号締切日:2024年4月4日(木)

Please email to newsletter@jccc.on.ca
Japanese Canadian Cultural Centre
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Photo, right: KPMB Architects

What's On at the JCCC

Upcoming Events / 近日開催イベント

JCCC Karaoke Club • JCCCカラオケクラブ

Wednesday April 10 & 24, 10:00am 4月10, 24日(水)午前10時

Wynford Seniors is Back・ウインフォードシニアクラブ

Wednesday April 3 & 17, 10:30am 4月3, 17日(水)午前10時半 Please contact Bev (bfujimoto50@ yahoo.ca) if you have any questions. お問い合わせは:ベブ・フジモトまで (bfujimoto50@yahoo.ca)

April Film Screening • 月例映画上映会

Thursday April 11, 7:00pm 4月11日 (木) 午後7時 River, see <u>page 9</u> for details. 「リバー, 流れないでよ」詳細は9頁をご覧ください。

Sumi-e Art Workshops ・ 墨絵ワークショップ

Spring Flowers with Snow Saturday April 19, 9:30am to noon 春花雪 - 4月19日(土)午前9時半~正午 See sumieartistsofcanada.org for details.

詳細は:sumieartistsofcanada.org

CONTACT Photography Festival Opening Reception コンタクトフォトフェスティバル、オープニングレセプション

Sunday April 28, 1:00 - 4:00 pm 4月28日(日)午後1時 - 4時 See page 12 for details. 詳細は12頁をご覧ください。

JCCC Bazaar・JCCCバザー

Saturday May 4,12:00 - 4:00 pm 5月4日(土)正午 - 4時

See page 5 for details. 詳細は5頁をご覧ください。

JC Survivors Health & Wellness Fund Info Sessions
JCサバイバー・ヘルス&ウェルネス基金説明会
See page 6 for details. 詳細は6頁をご覧ください。

Ongoing / 開催中

JCCC Library · 図書館

The Library is now open.

Please check the JCCC website for the schedule of this month.

JCCCライブラリーは現在週3~4回オープン、貸出/閲覧が可能です。

スケジュールはJCCCウェブサイトで確認してください。

ライブラリーでは閲覧日、貸出日にお手伝いくださるボランティアを募集しています。ご興味のある方(要日本語)はharukoi@jccc.on.caまでご連絡ください。

Exhibitions · 館内展示

Moriyama Nikkei Heritage Centre 森山日系へリテージセンター Maru: Immigration Stories.

Contact heritage@jccc.on.ca for a guided tour.

丸:日系移民物語。ツアーガイドをご希望の方はheritage@jccc.on.ca までご連絡ください。

Heritage Hallway ・ヘリテージホール 60 Years of Friendship Through Culture 文化が育んだ60年のフレンドシップ May 2023 to June 2024・2023年5月~2024年6月

JCCC Gallery · JCCCギャラリー CONTACT Photography Festival コンタクトフォトフェスティバル参加展示 April 28 to July 31, 2024 • 2024年4月28日~7月31日

Heritage Lounge Display Case ・ ヘリテージラウンジ Kimono Remake Project 着物のリメイクプロジェクト
May 1 to 31, 2024・2024年5月1~31日

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Hayato Sumino Piano Recital

Bravo Niagara! Festival of the Arts and the Japanese Canadian Cultural Centre proudly present the Canadian solo debut of pianist Hayato Sumino.

Hayato Sumino was a semi-finalist at the 2021 International Chopin Piano Competition in Warsaw. In addition to performing concerts in Japan and abroad, he also writes, arranges, and performs his own music under the name of "Cateen" on YouTube, with over 1.2 million subscribers and 150 million views (and counting)! Sumino's debut at the prestigious Suntory Hall in Tokyo sold out on the day of release. His unique style, a fusion of classical techniques, arrangements, and improvisational skills, has been well-received by fans around the world. A CASIO electronic musical instrument ambassador and Steinway artist, he is a truly new type of pianist that pushes the boundaries of classical music.



カナダソロデビュー!角野隼斗は2021年、ワルシャワのショパ

ン国際ピアノコンクールセミファイナリスト。日本国内外で演奏する傍ら、作曲やアレンジも行う。また"Cateen"(かてぃん)名義で活動するYouTube チャンネルでは、独自のスタイルでの演奏が人気で登録者数が125万人超、総再生回数は一億回を突破している。名門の東京サントリーホールでのデビューリサイタルは、売り出し当日にソールドアウトとなった。クラシックで培った技術とアレンジ、即興技術を融合したユニークなスタイルは世界中のファンから好評を得ている。CASIO電子機器アンバサダー、スタインウェイアーティスト。クラシックのピアニストとして確固たる位置を築く一方、ジャンルの垣根を越えた音楽の探求心で知られる、唯一無二のピアニストとして注目を集めている。

Thursday May 9, 2024 at 7:30pm Japanese Canadian Cultural Centre

\$60 +HST General admission;

\$50 +HST JCCC Members and Bravo Niagara! Members;

\$25 +HST Student

Tickets now on sale at jccc.on.ca

Did you know?



Did you know that Canadian Blood Services regular hosts Blood Drives at the JCCC? It takes thousands of blood donors to save the lives of patients across Canada.

Upcoming blood drives at the JCCC are:

- Friday, August 2, 2024 from 2pm to 6pm
- Friday March 28, 2025 from 2pm to 6pm

Act now and book your summer blood donation by downloading the GiveBlood app, calling 1-888-2-DONATE (1-888-236-6283) or booking now at **blood.ca**.

JCCC Bazaar is Back!!

The JCCC's Annual Bazaar will return on Saturday May 4th, 2024. Mark your calendars to be sure that you don't miss this fundraising event. There are sure to be bargains galore! This year, we will start accepting donations on Monday April 1. We will accept all new and used items for donation. Please note that we are unable to accept large furniture and regular clothing. Japanese clothing like kimono, haori, etc. are acceptable. Donations can be dropped off at our Reception desk during business hours, 10:00am to 5:00pm daily. Keep your eye on future newsletters, our website and social media for more information about the Annual Bazaar.

皆様のお待ちかね、バザーの時期がもうすぐ来ます! 今年の JCCC バザーは 5月4日(土)に行われます。JCCCのファンドレイジングイベントとして開催されているこのイベントでは、いろいろなアイテムが販売され、掘り出し物もたくさん



ご用意しております。このバザーのためにドネーションしようと、色々なアイテムを捨てずに取っておられるという声を多くの方々からいただいております。 今年は4月1日(月)からドネーションの受付を開始いたします。新品でも中古でも構いません。尚、家具と衣類(着物、羽織を除く)はお受けできませんのでご了承ください。ドネーションは4月1日(月)より、JCCC受付にて毎日午前10時から午後5時の間に承ります。

Art Miki Launches Gaman - Perseverance: Japanese Canadians Journey to Justice

Save the date! Join us in the Heritage Lounge at the Japanese Canadian Cultural Centre to celebrate the launch of Gaman – Perseverance: Japanese Canadians' Journey to Justice by Art Miki!

Enjoy a reading from Gaman – Perseverance, an introduction from Mohammed Hashim, executive director of the Canadian Race Relations Foundation, and a conversation between Art Miki and Lynn Kobayashi, president of the Toronto chapter of the National Association of Japanese Canadians!

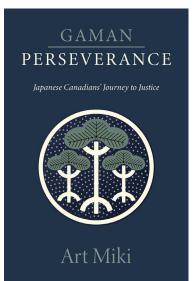
Gaman – Perseverance is an in-depth memoir detailing the intense negotiations that took place in the 1980s between the Government of Canada and the NAJC – negotiations which finally resulted in the historic Japanese Canadian Redress Agreement of September 1988 and the acknowledgment by Prime Minister Brian Mulroney that Canada had wronged its own citizens. In Gaman – Perseverance, Art Miki recollects his past experiences and family history, revealing the beliefs and attitudes that shaped his life's journey as a youth in British Columbia, an educator in Manitoba, and a community leader across Canada.

We can't wait to see you there! Check jccc.on.ca for Registration information.

Gaman – Perseverance Launch Heritage Lounge – Japanese Canadian Cultural Centre Toronto, ON

May 1, 2024

Doors open at 6:30pm; the event begins at 7:00pm





Japanese Canadian Survivors Health and Wellness Fund Information Sessions

The Japanese Canadian Survivors Health and Wellness Fund has a number of upcoming events in Ontario to support Japanese Canadian Survivors with making applications to the fund and validating applications made online.

All events require RSVP, and an Outreach Worker will follow up to confirm your appointment time for the event. RSVP by telephone or email sent to the lead Outreach worker organizing the event (see contact information below each event date). Please provide your SR#, preferred event and time when RSVPing

A select number of appointments are available every 1 hour time block so that you can be best served.

Upon arrival at the event, you will be given a ticket number and served in order of arrival.

Please do not arrive to the event more than 10 minutes early to your appointment time.

Event Listing

Saturday April 6, 2024, 1:00pm – 3:00pm, Hamilton Canadian Japanese Culture Centre, 42 Hempstead Dr. Hamilton. L8W 2Y6

Info booth and ID Validation.

RSVP to Erin Oikawa at erin.oikawa@jcwellness.org or 437-881-4879

Sunday April 7, 12:00pm to 2:00pm, Toronto Buddhist Church, 1011 Sheppard Ave, W. Toronto M3H 2T7 Info booth and ID Validation.

RSVP to Mark Uyeda at mark.uyeda@jcwellness.org or 437-882-9856

Tuesday April 9, 2024, 11:00am – 1:00pm Mississauga Valley Community Centre, Info booth and ID Validation.

RSVP to Mark Uyeda at mark.uyeda@jcwellness.org or 437-882-9856

Saturday May 4, 2024, JCCC Cancelled.

Sunday June 2, 12:00pm -2:00pm, Toronto Buddhist Church, 1011 Sheppard Ave, W. Toronto M3H 2T7 Info booth and ID Validation.

RSVP to Mark Uyeda at mark.uyeda@jcwellness.org or 437-882-9856

Saturday July 13, 3:00pm -7:00pm, JCCC (Toronto), 6 Sakura Way, Toronto, M3C 1Z5 Info booth and ID Validation

RSVP to Mark Uyeda at mark.uyeda@jcwellness.org or 437-882-9856.



Toronto Japanese Film Festival - Save the Date!

The Toronto Japanese Film Festival will return to Kobayashi Hall June 6 to 20, 2024. With an outstanding line up of films, you will want to get your passes early. The Festival line up will be announced in April. Tickets will go on sale Wednesday May 8, 2024 at 10am!







O-Hanami

On March 5, 2024 we noticed that the sakura trees flanking our main entrance had tiny green tips. This is usually one of the first signs that the trees are getting ready to bloom. With these tips, we are anticipating an earlier sakura season than normal.

In anticipation of Sakura Season in Toronto, TORJA Magazine published a series of articles in their March edition. You can view those articles at https://torja.ca/sakura.

As weekends have typically been a very busy time, we are bringing in Parking Lot Attendants and signage reminding visitors to be safe and respectful in the parking lots.

From now through the end of viewing season, the JCCC Giftshop will have a selection of sakura themed items. If you are coming to the JCCC to for O-Hanami, consider coming into the building to visit NAKAMORI for a light snack, or to see the many exhibits that we will have on display. Check our What's On page for more details.

While you are here we ask that you respect all posted signs and use proper O-Hanami etiquette:

- Be respectful of these delicate trees. Please do not pull or shake branches. Do not pick blossoms. Do not climb trees or stand on their roots.
- Please do not leave garbage in the area. Leave the area beautiful for the next visitors to enjoy.
- · Please park only in designated parking spots. Do not stop your vehicle in the laneway or stand in a place that may put you, or others in danger.

If you are visiting, please consider sharing your photos with us through Facebook and Instagram! Use #icccsakura and tag us in your photos!

Haru Matsuri - What a **Great Success!**

What a great weekend! Weather was foggy but nice and crisp. The weekend was filled with entertainment, food, vendors, and much more! Visitors taking pictures in front of the Hina Doll display, kids making kites, delicious food, beautiful performances. Thank you to all that came out to visit us and showing support, and a special thanks to all the volunteers, performers, staff, and vendors. Hope to see you next year!

楽しい春祭り、ありがとうございました!

エンターテイメント、食べ物、出店、その他もろもろで大変盛り上がりまし た!

雛人形の前で写真を撮る家族、凧を作る子供たち、おいしい食べ物、素晴 らしいパフォーマンス。ご来場くださった皆様、応援してくださった皆様、あ りがとうございました。そしてボランティア、パフォーマー、スタッフ、出店者 の皆さん、本当にありがとうございました。また来年会いましょう!



Photo credit John Fuentes and Yosh Inouye





Fairview Mall Uniqlo Opens with a DON!

JCCC's resident taiko troupe Kyowa Taiko drummed up quite a lot of business for Uniqlo's newest Toronto location with an encore performance to follow April 26th at the yet-to-

-be-opened Scarborough Town Centre location.

You may recognize the group from recent performances at Harumatsuri, Oshogatsukai, the Kampai Sake Festival or perhaps other events outside the Centre, such as Mandarin restaurant's 45th anniversary, TJFF or the Noh play Nae at Harbourfront Theatre, created by Toronto artist Kokichi Kusano.

The history of Kyowa's drums can be traced back as far as Toronto's first taiko group, Toronto Suwa Daiko. Kyowa's name evokes the lineage of the generations of drummers that reverberate back to the early days of drumming, to today's current members. The group's current players range in their years of experience, but do not vary when it comes to their enthusiasm. Whether they've been playing for 4 years or 38 years, each drummer brings the same intensity and energy.



March 1st, at Uniqlo CF Fairview Mall

Think you have what it takes to join? Kyowa Taiko is currently seeking drummers who have taiko experience who wish to join in their practices. If you have no experience yet, the JCCC will soon be opening registration for talko beginner classes that will take place on weekend evenings starting in early June. Students could even have a chance to perform a piece at the upcoming Natsu Matsuri festival in summer. Sign up for registration news at https://iccc.on.ca/programs/cultural-classes/starting-cultural-classes.



April Film: RIVER リバー, 流れないでよ

Thursday April 11, 7:00pm

Admission \$8.85 +HST (\$10) JCCC member; \$10.62 +HST (\$12) non-member

"No joke, this Japanese Indie might just be the best and most satisfying film of the year." – Rob Hunter, Film School Rejects
"A whimsical delight, as thoughtful as it is clever!" – Dan Tabor, Cinapse

There's something wrong with time at the 100 year old Fujiya Inn, a remote spa in Kyoto. Bottomless bowls of rice. Sake that never gets hot. Shampoo suds that keep getting into the eyes. Disappearing words from a document. They're stuck in a 2-minute time loop!

Despite the conundrum, the staff remain committed to taking care of the guests but that's easier said than done. For instance, when reliving the same two minutes, how does one take a break? Should staff prepare for the night guests if time doesn't move forward? The pragmatic is always paired with the outrageous where each two minutes explodes with a new absurdity that stands in the way of solving this time riddle.

Director Junta Yamaguchi's film is ingenious, heartfelt, very funny and one of the best Japanese films of the year!

Starring Munenori Nagano, Riko Fujitani, Yuki Torigoe







Martial Arts News

April is registration month for laido, Kyudo and Naginata. Please make sure to register by the March 20th deadline. Summer rates will be in effect for this Series.

Congratulations!

The JCCC would like to recognize Roy Asa Sensei as he celebrated a milestone birthday last month. As one of the founding instructors for our Kendo program, Asa Sensei continues to participate, teach and school the JCCC's newest and more experienced participants. His more than 55 years of dedicated volunteer service is a huge part of the success of our Kendo program.

In this photo of the JCCC Kendo club from January 2024, Asa Sensei is 5th person from the left in the second row.



Cultural Arts News

Exciting news! Our Spring 2024 cultural programs at the Japanese Canadian Cultural Centre offers an array of enriching courses. We have some programs set to begin in April and June 2024. Don't miss out!

The following program will be offered in April:

- Ikebana The Japanese art of arranging flowers and plants to bring out their natural beauty. Sogetsu Ikebana classes start April 20. Registration is open till April 13, 2024. Check out the JCCC website for further updates.
- We are excited to announce that in the Summer, we will be offering Taiko Drumming. Check out the JCCC website for further updates. Classes are scheduled to start June 1, 2024

Don't delay. Sign up soon. If you wish to be on the waiting list, be sure to put your name on the notification list by checking the website at jccc.on.ca or contacting Reception. We will email you an invitation before the next session begins.



Nisei Veterans' Award

The Nisei Veterans' Award came from a desire to remember and recognize the dedication and loyalty to Canada of the Nisei Veterans during WWII. To this end, this award recognizes young people in the JCCC's Martial Arts/Odori Dance Programmes who exemplify the spirit and values inherent in the Nisei Veterans.

Award: A permanent plaque is on display in the JCCC near the dojos - names of successful candidates are added each year.

The winner will also receive a certificate and one (1) year of class tuition and membership at the JCCC. The winner(s) will be announced in the summer and awards will be presented at Arigato Day.

Criteria: The award recognizes the values exemplified by the Nisei Veterans and celebrates the passing of these qualities to a new generation. A list of characteristics follows. The candidate(s) should have a demonstrated history of displaying or exemplifying at least one or more of the following characteristics:

Loyalty
Integrity
Perseverance
Good Citizenship
Determination
Courage
Service
Participation

Eligibility: Young people between the ages of 15 to 25 (inclusive) who participate in either the Martial Arts and/or Odori Dance programs at the JCCC. Students who have not previously received the award are eligible.

Application and Selection Process: To submit a nomination, an application form should be submitted on behalf of each candidate. Application forms are available at Reception and from Sensei's and Lead Instructors. All nominations will be reviewed and vetted by each candidate's respective Sensei and/or a Lead Instructor from their program. Candidates who are then recommended by their Sensei and/or a Lead Instructor for the award, will be asked to write a 250-300 word essay on what this award means to them. The essays will be read by a panel selected by members of the JCCC Board of Directors (VP Heritage and VP Management), and successful candidates will be notified. Interviews may be required, if deemed necessary by the panel.

The deadline for Applications will be May 17, 2024.



2019 Nisei Veterans' Award winners Julien Couturier and Kennedy Liddle recieving their awards from Veteran Frank Moritsugu.



Mottainai Artists' Walk and Talk Recap



On March 9th, we hosted an Artists' Walk and Talk for Mottainai(勿体無い): The Beauty of Reclaimed Materials, our winter community show.

17 participating artists gathered at the JCCC Gallery to a large turnout and shared the insights behind their creations and how they integrate the ethos of Mottainai into their work. Visitors had the opportunity to learn about their history, passion, and heritage while exploring themes of gratitude, fateful encounters, embracing scars, and upcycling the past into the future. The positive comments from both artists and visitors made for a heartwarming event.

Talks were presented by: Keiko Shintani, Lois Schklar, Joy Takahashi, Neli lordanova, the Momiji Kimono Remake Program, Irene Sakata, Zoraida Analya, BReal art + design, Laura Shintani, Shuichi, Mui-Ling Teh, Nancy Hayako Peng, Vera Kabo Tse, Maryam Pazooki, Alana Keiko Fleming, and Ken Sugamori.

Mottainai closes on April 2nd.

Coming Soon – CONTACT Photography Festival

Curated by Shin Sugino and Stephen Bulger and presented as part of the CONTACT Festival of Photography, our spring photography exhibit, Body/Armour, brings together the work of German photographer Claudia Fährenkemper with Canadian photographer Ruth Kaplan.

Fährenkemper's photographs of Japanese samurai armour and electron microscope images of insect exoskeletons interrogate protective casings, both natural and man-made. Her work contrasts with Kaplan's *Bathers* series, which meditates on bodies and rituality. Ruth Kaplan's subjects appear more vulnerable when seen against the protective casings in Claudia Fährenkemper's, while those casings remind the viewer of the extent to which humans will seek self-preservation.

Body/Armour will run from April 28th to July 31st in the JCCC Gallery. Please join us on April 28th from 1-4pm for our opening reception. We are pleased that Claudia Fährenkemper will join us for this reception all the way from Germany and present an artist talk at 2pm!

The Camerama camera show will be taking place in Kobayashi Hall from 1-3pm on the 28th as well, for the possibility of attending two photography-related events in one day! See here for more information: https://cameramashow.wordpress.com/.

Please note that that Body/Armour contains mild artistic nudity in Ruth Kaplan's *Bathers* series.

Please see the JCCC website for up-to date information.



Steam Room, Calistoga, California, U.S.A., 1991

• Ruth Kaplan / courtesy Stephen Bulger Gallery



65 - 03 - 4 Head of a Beetle, 30x, 2003 • Claudia Fährenkemper / courtesy Stephen Bulger Gallery

The Kimono Remake Project

The Kimono Remake Project is an undertaking by Momiji volunteers who are creating one-of-a-kind, wearable pieces of art with repurposed or "upcycled" fabric from kimonos, obi and yukata that are no longer suitable for wearing. At the heart of the Kimono Remake Project is the respect for heritage kimono and its history – on a large scale and on an individual level. Many of these pieces have been treasured by families for generations, travelling across the ocean and surviving internment.

This initiative that will eventually raise funds in support of Momiji, is not only giving new life to something old, but also helps develop a renewed sense of appreciation. Each upcycled garment has been carefully conceptualized and crafted, allowing it to become a new treasured item.

These reimagined pieces will be on display at the JCCC in the Heritage Court from May 1 to 31. Check the Momiji **website** for updates on when the larger collection will be available for purchase.



Photos courtesy of Margaret Nakamura





黒板 KOKUBAN

KOKUBAN is a monthly e-publication which highlights the work of the JCCC community and the Japanese Canadian community at large, covering topics from heritage treasures to stories about the Nikkei experience. Recent issues have covered Sedai interviews with Jean Peasah, a continuation of our Japanese Canadian landmarks series, an inside look at Alexa Hatanaka's Unchanging and Changing exhibition and more! Be sure to check out all our past and current issues at https://jccc.on.ca/about/newsletter/kokuban.

DONATIONS TO THE JCCC

AS OF MARCH 2, 2024

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

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200

Jackie Murata

50

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Mr. & Mrs. Douglas Nash 43		In memory of Betty Sachiko Tamane		Heritage Centre	
Dr. & Mrs. Shizuhiko Nishisato	200	The Lew Family	100	· · · · · · · · · · · · · · · · · · ·	F0/
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Mr. & Mrs. Kazuki Shikaze 100		Mrs. Janice Bloomfield	100	Operation Tatami 2024	
Ms. Nanami Shimizu	68	Mrs. Chiyo Inamoto	50	Mr. Kevin & Mrs. Nancy Roxby	300
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Mr. Katsuhiko Takeuchi	500	Ms. Kathryn Okawara	50	JCCC Judo Club	1,200
Mr. Michael Tam	1,000	Mr. Terence Takashima	25	Mr. Camber Muir	400
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Mr. Herman Vermeiren 150		Mrs. Janice Bennink	50	Mr. Russ Takashima	200
Mr. James Viegas 30		In memory of Mariko Kawaguchi			
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DONATIONS TO THE FRIENDS OF THE MORIYAMA NIKKEI HERITAGE CENTRE INSCRIPTIONS

APRIL 1, 2020 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

Individuals/Couples

Kihup Boo (夫)

In Memory of Mother Hiroko Fukushima

Jiro Fukushima

Clayton Gyotoku and Jessie Ebata

Jamie Herman and Masako Katsuki

Chinatsu ICHIDA

Hiromi ICHIDA

Keiko ICHIDA Takako ICHIDA

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Yoshi ICHIDA Yumi ICHIDA

In memory of Sanaye Inouye

Robert Yasuharu & Shizuko Hosui

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Lucas, Sayaka, and Emika Koolma

In memory of Harold Hiroshi Matsubayashi

In memory of Shichitaro & Naka Nagata

family

Dr. Seiko Shirafuji

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Groups

Checkmate Development Crow Creek Settlement Reunion Gakuyukai Alumni Group 1906-1942 Hanayagi Essay Group

OPERATION TATAMI 2024 INSCRIPTIONS

DECEMBER 2023 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

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In Memory of Sensei Bill Aoki

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Charlie's Meat

Matthew Dales

Ken Fukushima

In Memory of Sensei Peter Hasegawa

Sid Ikeda

Adrian Iliescu

JCCC Judo-Kai

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In Memory of Sensei Genichiro Nakahara Osamu Obata Shihan & Kenji Ochi Sensei

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George Mitsuyuki Sakata, 7th Dan, Judo Darrell Masumi Sakauye JCCC Judo-Kai

In Loving Memory of Mom Yvonne Scott

In Memory of Sensei Joe Serianni

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Green Keiko Mat

James and Masayo Heron

In Memory of Sensei Ken Ikeda

Kadota Family

In Memory of Sensei Glenn Kawano

Masaru Matsubara

Kevin and Nancy Roxby

Anca and Dan Rusu



VOLUNTEER NEWS











Thank you JCCC volunteers!

They're the heartbeat of our community, fueling a lot of activities like festivals, events, art and heritage projects, library, all our classes, programs, and workshops. We're overflowing with gratitude for their heartfelt contributions.

フェスティバルやイベント、アートやヘリテージプロジェクト、図書館、または、すべてのクラスやプログラム、ワークショップなどJCCCのアクティビティに貢献してくださるボランティアの皆さんへ心から感謝申し上げます。









健やかな老後をめざしてその72-生き方を導いてくれる言葉

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

この国に、この親に、なぜ生まれいでたのか、その理由を誰も知りません。また、選ぶこともできません。一人ひとり、その誕生をまず受け入れて歩み始め、死に至るまでの道のりを悩んだり、苦しんだり、喜んだり、困難を乗り越えたり、ある時は必死に耐えたりしながら老いてゆくことになります。人生は人の数だけ異なり、本当に様々です。それには優劣も勝ち負けもありません。「世界に1つだけの大切ないのちが咲いている」と、私は思っています。

私自身もその中の1つの花です。「花」と言えば、中学生の頃に「英子さん、あなたはどんな花が好きですか?」と美術の先生に尋ねられました。なぜ、そのような会話になったのかはもうよく覚えていませんが「バラなどの大輪よりも野に咲く花々が好きです」と答えました。60年も前の、ある日の会話が切り取られたように思い出されるなんてとても不思議!なぜ、私はそのように感じていたのでしょう?風に吹かれ倒れそうになっても、誰にも賞賛されなくても、軽やかに力強く生きるその姿に「人の生き方にも似た何か」を見ていたのかもしれません。今でも、私の草木や花々に対する気持ちはその当時と変わっていませんから……。

どのように異なる環境に生まれてこようとも「人として平等の何か」があるのではないか、と思いながら育ちました。明治末期に生まれた父は、大学で学びたいという希望を強くもっていましたが、長男として稲作とみかん農家を継がねばなりませんでした。ですから、我が子にはどのような道も進める時代になったことを伝えたかったのでしょうか、「女の子だから」という言葉を一度も言われたことはありません。兄弟姉妹5人の中で私だけが、夕食後に父の話を夢中で聴いていた光景を思い出します。「苦しみ、悲しみや険しい壁があ

ろうとも、人には平等に無限の世界があり、そこに何かを創り出していけるのだ」と感じ、とてもワクワクしたことを覚えています。私の好奇心とチャレンジ精神は父と過ごした夜の会話から芽生えたことに、大人になって気づきました。父が生きているうちに「ありがとう」と伝えたかったですね!

「平等に創りだすことのできる無限の世界」これこそが、人として、女性として、社会人として生きる日々の中で、心の根っこにしっかりとある言葉です。「学びたいという気持ちは人に平等に与えられたもの」と感じています。その気持ちは誰にも止められないし、干渉されることもありません。もちろん、現実的に学び続けることが困難な時期もありましたが、その時でさえも希望を持ち続けました。

シニアとなった今でも"生涯学習"が中心を占めています。世界は未知なるものにあふれているのですから、生を終えるその時まで退屈することはなさそうです。無限の世界に何かを創ろうとすると、自分に降りかかってくる様々な事柄を人のせいにするのではなく「私は何をしたい?どう生きていきたい?」といったように、おのずと未来志向の考え方になります。様々な意見を大事にするけれど、決して他者との比較や飛び交う評価に惑わされることなく、意思決定していく力を育てていくようになります。それらの日々が"自己肯定感を育て、やがては幸せ感を生み出す"と信じています。

群れ咲いて 風にそよそよ 二輪草 川辺を染める 白き春の舞

TJLS is looking for a new Principal

The Toronto Japanese Language School is seeking candidates for the position of Principal.

The TJLS is a registered charity, originally established in 1949 to provide lessons in Japanese language and culture in the wake of the internment. Today we provide language instruction to anyone interested in the Japanese language, with over 200 students across our children's and adult divisions.

Applicants for the position should have significant experience in teaching and/or educational leadership, and be competent in both English and Japanese.

For further information about the role and directions for applying, please see the full position posting on-line at https://bit.ly/2ZG3JI9

JSS Web Page: https://jss.ca/



JSS プログラム:2024年4月

以下は2024年4月に予定されている、JSSのプログラムです。詳細やお申込みはJSS ウェブサイト、または416-385-9200 / programs@jss.ca まで。

1. モミジ&JSS オンライン講座シリーズ 2024年4月(水曜3時~) 登録可能な講座・過去の講座一覧などシリーズ情報は、JSSウェブサイト:モミジ・JSS:オンライン講座シリーズをご覧ください。

「雇用保険 - 特別給付金(介護者給付)について学ぼう」4月10日(水)15時(英語)

重篤な病気や怪我をした人の世話をするために仕事を中断しなければならない家族や友人は、雇用保険の介護者給付金を利用することができます。本講座では疾病給付、思いやりの介護手当、介護者給付等について学んでいきます。

※詳細・お申込みはJSSウエブサイトまたはprograms@jss.caまで

「ホスピス緩和ケアについて学ぼう」4月24日(水)15時(英語&日本語)

ホスピス緩和(パリアティブ)ケアは、命を脅かす疾患(多くは末期)とともに生きる人の生活の質と支援に焦点を当てた終末期の専門的なケアです。本講座では、この支援を必要とする可能性のある人やその身近な人を対象にホスピスケアで受けられるプログラムや支援等について学んでいきます。

※詳細・お申込みはJSSウエブサイトまたはprograms@jss.caまで

2. JSS家族支援プログラム

1. かけはしの会オンライン交流会:kakehashinokai@jss.ca

発達障がいのお子さん(年齢不問)を持つ保護者の方のためのサポートグループです。

2. シングルマザーサポートグループ: smsg@jss.ca

シングルマザーおよびシングルマザーになることを視野に入れている方々を 対象としたサポートグループです。

3. レギュラーJSSプログラム(日本語)

- 1. クラフトクラブ交流会:第1·3水曜日、10時半~正午 お問合せは CRAFTCLUB@JSS.CAへ
- 2. やさしいシニアヨガ(第18期:3/11~4/22毎週月曜日)お問合せは SENIOR.YOGA@JSS.CAへ
- 3. 懐かしい日本の歌を歌う会 : 第2·4月曜日、13時半~15時 お問合せはUTANOKAI B@JSS.CAへ

Check out our upcoming April 2024 programs! *Pre-registration required. Visit our website and/or contact 416-385-9200 / programs@ iss.ca for more details & RSVP.

1. e-Learning Series

*Visit JSS website for the list of seminars & past recordings

Special Benefits for Caregivers of Seniors: Wed. Apr 10, 3pm (English)

Family members or friends who have to stop working to take care of someone who is critically ill or injured can take advantage of Employment Insurance Caregiver Benefits. This session is presented by Service Canada and will cover topics including sickness benefits, compassionate care benefits, and caregiver benefits.

*Visit our website or contact programs@jss.ca to register

The principles and Practices of Hospice Palliative Care: Wed. Apr 24, 3pm (English & Japanese)

Hospice palliative care is an end-of-life specialized care, focuses on quality of life and supports for individuals living with a life-limiting illness that is usually at an advanced stage. In this session, we will learn about programs and support available in hospice care for individuals and their families who may need the services provided.

*Visit our website or contact programs@jss.ca to register

2. JSS Family Support Programs

1.Kakehashi no Kai: Contact kakehashinokai@jss.ca

Kakehashi no Kai is a monthly support group for parents raising children (of any age) who are neurodiverse.

2. Single Mother Support Group: *Contact smsg@jss.ca

A monthly support group for single mothers and those considering becoming single mothers to share information and experiences.

3.JSS Regular Programs

- 1. Craft Club Social: Twice a month on the 1st and 3rd Wednesday, 10:30 am noon *RVSP at craftclub@jss.ca
- 2. Easy Yoga for Seniors (Term 18:Mar 11 Apr 22, Mondays, 10:00 11:30am) *Contact senior.yoga@jss.ca
- 3. Nostalgic Japanese Song Singing Group: Twice a month on the 2nd and 4th Monday, 1:30-3:00 pm. *Contact utanokai_b@jss.ca

JCCC 2024

BAZAAR



Saturday May 4 12:00pm - 4:00pm

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For more information, call JCCC at 416.441.2345



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6 Sakura Way, Toronto Don Mills and Eglinton, off Wynford Dr. WWW.jccc.on.ca

The JCCC needs your help with the Annual Bazaar!

The JCCC is proud to be a premier cultural facility. Our continued success relies heavily on fundraising endeavours such as our upcoming Annual Bazaar. The funds that we raise help to provide not only the programs that we offer but also the facilities, including the dojos.

Donate*

- New items
- Gently used items (no clothing please)
- Japanese items
- Baked goods, pies and cakes
- Japanese food

Volunteer

- Individual or part of a group
- For May 4 or earlier

For more information pleases email Izumik@jccc.on.ca

Attend

On May 4th. 12-4 pm bring Family, Friends, Neighbors,

Spread the word!!

*Pleases bring cash

donations will accepted after April 1st 2024, except food items which will be accepted May 3 and 4.







Come and volunteer with the JCCC! Scan the QR Code or email volunteer@jccc.on.ca to find out more.

Office Space Available at JCCC

Come and join the community!

We have office space available for lease at the JCCC (from 672 – 2,693 sq. ft.)

Please contact our property manager, Jim
Abe for more details at:

Cell: 416-884-8328, email: jim@abecopml. com, or Nao Seko: 416-579-6921



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