日本映画祭



TORONTO JAPANESE FILM 2021 FESTIVAL

JUNE 5 - 27

TORONTO JAPANESE FILM FESTIVAL EDITION



JUNE 2021 2021年6月

Vol. 47 Issue 6







宇宙でいちばんあかるい屋根



歩きはじめたひと夏の奇跡の物語







Kiai (氣愛) Clinic is OPEN!



One patient at a time
Surfaces are disinfected
Air purifier running

Kanae Urashima

Registered Acupuncturist, Japanese Seitai, Nutrition Specialist

JCCC / Suite 276b 647-707-9530 healthyfamilies@yahoo.com

Office Space Available for Lease at JCCC

We have 1 or 2 office space(s) available or possibly coming available for lease at JCCC: 1 for 684 sf. and the other 1,911 sf. If interested, please contact our property manager, Jim Abe at:

Cell: (416) 884-8328 email: jim@abecopml.com Or Nao Seko: (416) 579-6921

SUBMISSION DEADLINE

Deadline for the next issue is: Friday June 11, 2021. 次号の締め切りは2021年6月11日(金)です。 Your news is welcome! Please email to newsletter@jccc.on.ca

Japanese Canadian Cultural Centre 6 Garamond Court, Toronto, M3C 1Z5 Phone: 416-441-2345 www.jccc.on.ca

Want your photo featured in the JCCC newsletter?

We'd love to share our community's photos that represent Japanese culture in our newsletter! Photos should be at least 1,000 pixels in height. Please send your photos to newsletter@jccc.on.ca. We look forward for your submissions!

あなたの投稿写真、お待ちしています!

日本文化関連のコミュニティ写真をJ C C Cニュースレターでシェアしませんか? (写真サイズ、縦1000ピクセル以上。)送付先: newsletter@jccc.on.ca

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DEAR READERS,

For the safety of our members, community and friends - and in accordance to Ontario public health directives - the JCCC remains closed to the public.

For the foreseeable future, the JCCC will continue distributing our newsletter online. Please feel free to share our newsletter as it contains helpful information about the community as well as JCCC online offerings during this time of social isolation. Our website, www.jccc.on.ca, and our social media channels will have the most up-to-date information.

Please note that this closure does not apply to private businesses operating within 6 Garamond Court. We thank you for your understanding and support, and look forward to welcoming you back soon as the crisis abates.

Please stay well.

2020 - 2021 JCCC Bo	pard of Directors	JCCC Staff	
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What's On and What's Not at the JCCC

In accordance with Ontario's latest state of emergency guidelines, and for the safety of our members, community and many friends, the JCCC remains strictly closed to the public until further notice.

In the meantime, we continue to serve the community through our virtual programming.

Membership Renewal

To renew your membership, you may use the following methods:

Online Renewal

For your convenience, you can renew your membership online here.

By Phone

You may call the JCCC at **416-441-2345 ext. 222** and leave a message. One of our staff will return your call at our earliest convenience to complete the transaction over the phone with you.

By Mail

You may choose to mail in your membership renewal, along with a cheque or your credit card information.

By E-mail

You may email the JCCC at jccc@jccc.on.ca with your completed membership renewal form.

Upcoming Events

Toronto Japanese Film Festival

You may visit here for full line-up. Tickets are now on sale.

Kamp Kodomo (Virtual camp)

Please see page 8 for details

Paint-at-Home

Please see page 8 for details

Drinks of Japan

Please see page 30 for details

Cultural Classes and Workshop

Japanese Virtual Group Lessons for Adults

Spring session - (April 20 - June 24)

Japanese 1 on 1 Online Japanese Conversation Lessons

New Registration starts on June 1 (page 7)

Martial Arts Virtual Classes

Many clubs are now conducting Zoom classes. Classes available to registered students only. Please contact **jccc@jccc.on.ca** with any questions.

Exhibitions

Please see page 10 for exhibition calendar

Contact the JCCC

For enquiries, please contact respective staff directly [see staff directory here] or email us at jccc@jccc.on.ca. For general enquiries by telephone, please call 416-441-2345 and leave a message at extension 222. One of our staff will return your call at our earliest convenience.

What's On and What's Not at the JCCC

現在のオンタリオ州に発令されている緊急事態宣言ガイドラインの下、会員、コミュニティ、JCCCを懇意にしてくださる皆様の安全を考慮しJCCC は閉館を続けています。変更が出次第お知らせします。

再開までの間、引続きオンラインのプログラム(下記)のご提供をします。

メンバーシップ更新

下記の方法でメンバーシップの更新ができます。

オンライン:

お手続きはこちら。

雷話:

416-441-2345内線222に電話、メッセージを残してください。JCCCスタッフが折り返しお電話をして、手続きを完了させていただきます。

郵便:

メンバーシップ申込み用紙にクレジットカード情報をご記入いただき郵送、又は、申込み用紙と共に小切手を同封の上、郵送ください。

Eメール:

ご記入済みのメンバーシップ申込み用紙を iccc@iccc.on.ca宛にお送りください。

近日開催予定

トロント日本映画祭

上映作品のラインアップはこちらからどうぞ。チケット発売中

キャンプ子ども(ヴァーチャルキャンプ):

詳細は8ページをご覧ください

おうちで絵画:

詳細は8ページをご覧ください

Drinks of Japan

予告のみ30ページ

カルチャークラス・ワークショップ

成人向けオンライン日本語クラス

春季コース開講中 - (4月20日―6月24日)

1 ON 1 オンラインプライベート日本語会話レッスン

6月1日より登録受付開始(7ページ)

武道クラス

クラブによりZoomクラスあり(登録生徒のみ参加可能)。ご質問はjccc@jccc.on.caまでご連絡ください。

展覧会

展覧スケジュールは10ページをご覧ください。

お問い合わせ

担当スタッフに直接ご連絡(スタッフリストはこちら)、又は、jccc@jccc.on.caまでEメールをお送りください。

一般的なご質問は、416-441-2345内線222に電話、メッセージを残してください。JCCCスタッフが折り返しお電話いたします。



Greeting from the Executive Director

The Sakura trees at the JCCC unfolded into spectacular bloom last month bringing to mind the haiku by Issa:

			花
		あ	0)
	な	か	陰
	か	0)	
	ŋ	他	
	け	人	
茶	ŋ	は	

[hana no kage aka no tannin nakari keri]

Under the cherry-blossoms,

None are

Utter strangers.



It was bittersweet to see the JCCC looking so beautiful while not being able to enjoy those blossoms with our members, community and friends.

In the meantime, we can continue to gather virtually, and this spring certainly provided many new and exciting opportunities to do so. The new JCCC "All Things Japanese" podcast is a big hit with hundreds of listeners, interesting guests and the inimitable enthusiasm of host John Ota. The Maru: Immigration Stories virtual exhibition had its international launch with participants from Japan, Brazil, Peru, the U.S. and across Canada. The exhibit has been visited by over 5000 people so far so have a look if you haven't yet. The physical exhibit will be ready in the MNHC for our reopening. Our SEDAI Project too has an expanded presence and catalogue. We are also working on an update of the Fred Sasaki Wall of Honour to recognize all of the enormous generosity that has poured into our Emergency Appeal to help us survive the pandemic. Finally, our 10th annual Toronto Japanese Film Festival will run from June 5th to the 27th with 24 great films from every imaginal genre and lots of virtual guests offering their greetings.

As I write this the vaccine rollout is accelerating while cases continue to drop. That long-awaited day when we can finally reopen our doors is getting closer and we look forward with great excitement and hope. See you soon!

先月、JCCCの見事な満開の桜を見て、一茶のこの俳句が心に浮かびました。

会員やコミュニティの皆様と美しい桜を共に楽しむことができない複雑 な想いです。

もう暫くはヴァーチュアルで継続して繋がっていきましょう。今春は新たにスタートした画期的な新企画が種々ありました。

JCCCポッドキャストはその一つで、ジョン・オオタがお届けする"All Things Japanese"は多彩なゲストと親しみやすいホストのお喋りでリスナーを惹きつけ、人気を博しています。

丸:日系移民物語オンラインミュージアムは日本、ブラジル、ペルー、アメリカ、そしてカナダ全域からの参加者を迎え、インターナショナルのオープニングが行われました。本オンラインミュージアムにはこれまで5000名を超える人が訪れています。まだご覧になっていない方は是非どうぞ。森山日系へリテージセンター内での展覧は会館再開に合わせ準備が進められています。JCCC世代プロジェクト(ヘリテージ)も内容の充実が一層進みました。

又、パンデミック時に会館を支える「緊急援助」に寄せられた寛大なご寄付全てに感謝の意を表する「フレッド佐々木ウォール」の更新も手がけています。

6月5日から27日は**第10回トロント日本映画祭**が行なわれ、様々なジャンルの映画24本とヴァーチャルのゲスト挨拶がお楽しみいただけます。

執筆中の現在、感染者数の減少、ワクチン摂取が進んでいます。待ち望まれた会館再開の日も近いという期待に満ちています。皆様にお会いできる日がいち早くやってきますように。

上記の各オンラインイベントへは英語記事の最後に記載されているリンクより飛ぶことができます。

JCCC NEWS



Relive the memories of Caravan in this issue's interview with Bob and Shirley Takagi.





JCCC Youtube Corner

Are you ready for the 2021 Toronto Japanese Film Festival?

To get warmed up, why not hop onto the <u>JCCC</u> <u>YouTube Channel</u> to enjoy all the teasers there while we count down to the start of the festival.

A MESSAGE FROM
DIRECTOR MIKA
NISHIKAWA OF UNDER THE
OPEN SKY







All images from the JCCC Original Photographic Collection

PRIVATE LESSONS IN CONVERSATIONAL JAPANESE!



New Registration starts on June 1
10am - 4:30pm Weekday/Any Level

Learn Japanese! Have fun! Support JCCC!



ONLINE JAPANESE CONVERSATION

LESSONS AVAILABLE FOR A VERY REASONABLE FEE

5 x \$14.00 = \$70.00 + HST (Pricing in Canadian Dollars)

ONLINE CONVERSATIONAL LESSONS FOR INTERMEDIATE-ADVANCED STUDENTS:

Geared to intermediate or advanced students, 1 ON 1 Online Japanese Conversation is the JCCC online program (via Zoom) that focuses on conversation based learning. This will help develop your Japanese language skills by using a direct one on one basis.

All of our instructors are native Japanese speakers who are experienced/certified with Japanese language teaching techniques and are also fluent in English.

Lesson content and format are customizable on a student by student basis.

This program is for students 18 years of age or older. Hiragana reading skills are a requirement.

LESSONS AT YOUR CONVENIENCE:

Learn anytime to best suit your own convenience and preferred schedule. Lesson dates and times to be coordinated with your instructor in advance. Classes may be taken up to twice per week or once every 1-3 weeks according to students' desire. All lessons must be completed within a 3 month period (effective from the first lesson date).

LEARN JAPANESE WHILE SUPPORTING THE JCCC:

All funds from the 1 ON 1 Japanese Conversation program go directly to supporting the Japanese Canadian Cultural Centre. As a result of the COVID 19 pandemic, activities at the JCCC have been severely curtailed. Our instructors are all donating their time and expertise to support the JCCC until normal activities resume.

- Suitable for people who studied and mastered basic Japanese.
- Speaking is the main focus of this program.
- After completing the first package, JCCC membership is required for any renewals.

REGISTRATION & CONTACT INFORMATION

New students are welcome pending space availability. To apply, please visit our website at www.jccc.on.ca or contact us at jponline@jccc.on.ca

Kamp Kodomo Summer 2021

Kamp Kodomo is currently programming for an exciting week of virtual activities during the week of July 12 – 16, 2021. These workshops will be geared towards children between the ages of 6 and 12 years old.

Similar to our Spring Break, the workshops will be offered individually. Families only need to register once, but can sign up for one or more sessions. Each workshop will have suggested age ranges to help children get the most out of the experience.

In addition to our free workshops, we are working towards some more specialized experiences in robotics and cartooning. These workshops will have modest fees associated with registration.

For more information on dates, times, and to sign up for 1 or more sessions, **please check our website**.

Pre-registration is required. Spaces are limited. Registration deadline is Monday July 5, 2020.

2021年夏キャンプ子ども

2021年7月12日~16日の期間で、6歳から12歳を対象にヴァーチャルアクティビティを予定。ワークショップ個別に申し込みできますが、それぞれ対象年齢が異なるので、ご注意ください。春同様の無料ワークショップに加え、今回はロボットや漫画作成体験ができる有料ワークショップもあります。詳細、登録はウェブサイトにて。

要登録。締切りは2021年7月5日(月)ですが、定員に達し次第、受付終 了となります。

Paint at Home

Are you 55+? Newly retired? Following the Ontario "Stay at Home" guidelines? BORED!?!

Then this may be the opportunity for you!

The JCCC has teamed up with Artist's Palette Durham to offer a fun afternoon of painting on **Thursday June 10, 2021** from 1:30pm (to approximately 4:00pm).

Everyone is invited to grab a drink and maybe some snacks and together we will be expertly guided to finish the painting "Cool Koi Pond." NO EXPERIENCE IS NECESSARY!

This virtual event is \$20 for members and \$25 for non-members.

Art kits can be purchased for just an additional \$25. This kit includes one canvas, one brush set and 5-30 ml containers of paint.

Or **SAVE \$5** by purchasing the bundle. JCCC Members can get the class and art kit for just \$40 including HST and non-members for \$45 including HST.

Tickets can be purchased on Ticketweb or Here (service fees will apply).

Deadline for registration is Monday June 7, 2021.

KAMP KODOMO SUMMER 2021



Kamp Kodomo is gearing up for a week of virtua activites from July 12 – 16, 2021.

With activities from our Heritage department to cooking to cartooning, there is sure to be something for everyone!

Pre-registration is required. Spaces are limited. For more information on dates, times, and to sign up for 1 or more sessions, please check our website



55歳以上の皆様、オンタリオ州のステイホーム令に則った生活で退屈 してませんか?

Artist's Palette DurhamとJCCCの共催、お茶やスナックと共に「池の鯉」を描くオンラインイベントはいかがですか?(経験は一切必要なし)

日時:6月10日(木)1時半から4時ごろまで

参加料金:会員\$20、非会員\$25

アートキット(含、キャンバス1枚、筆セット、絵の具)(希望者のみ):\$25 セット価格(受講料&キット):JCCCの会員\$40 including HST、非 会員\$45 including HST

お申し込みはTicketwebにて、2021年6月7日(月)まで。



"Paint at home" with:







SENIORS' SUPPER CLUB



Photo by Lisa Hobbs on Unsplash



As the weather warms up, this recipe is a great side dish to include with your meal. It can easily be prepared ahead of time and served chilled.

Spinach Shira'ae

Serves 2

Ingredients

1 carrot, thinly julienned 1/2 lb spinach washed and drained

Dashi for Carrots

1/2 tsp dried dashi powder

1 tsp shoyu

1 tsp sugar

1/2 cup water

Paste for carrot and spinach mixture 1/2 square tofu

1 1 /0 41- --- ---

1 1/3 tbsp miso

1 tbsp sesame seeds, toasted and ground

Equipment

Medium stock pot
Cutting board
Sharp vegetable knife
Medium mixing bowl
Measuring cups and spoons
Wooden spoons
Colander

Instructions

- 1. Wash, peel and julienne carrot into approximately 1 1/2 Inch lengths. Place julienned carrot into a small sauce pan and add water to just cover the bottom of the pan. Add dashi powder, shoyu and sugar and bring mixture with carrots to a boil, then turn down heat to a simmer. Stir carrots to make sure they don't stick to the bottom of the saucepan and when most of the liquid has evaporated remove from heat and let cool.
- 2. Cook spinach in boiling water until al dente. Squeeze out water and chop. Let cool in bowl.
- 3. In separate bowl, mix tofu, miso, and toasted, ground sesame seeds together to form a paste.
 - 4. Mix cooled spinach and carrots together and then add tofu mixture.

Storage and Reheating

· Store any left over Spinach Shira'ae in the refrigerator. Left overs should be eaten or discarded within 3 days. Reheat in a stock pot or in the microwave, or eat cold.





2021年9月 に延期

Calendar of Exhibitions



SHIKAKU - Sight, Vision (Virtual Exhibit)

A joint exhibit of the JCCC Art Committee and the Toronto Japanese Garden Club

A virtual exhibition of proposals for public art and Japanese gardens at the Japanese Canadian Cultural Centre (JCCC). Photographs, drawings and written text

describing the current and future vision of JCCC public art and gardens. An exhibition of hope and positive vision during the winter months approaching Spring 2021.

シカク:視覚、ビジョン(オンライン)

JCCCアート委員会とトロントジャパニーズガーデンクラブの共催展

JCCCにおける現在と将来展望のパブリックアート及び日本庭園のヴァーチャル展。**こちら**からどうぞ。

Visit the virtual exhibit >



Broken Promises (On-site)

Grounded in research from Landscapes of Injustice – a 7 year multi-disciplinary, multi-institutional, community engaged project, this exhibit explores the dispossession of Japanese Canadians in the 1940s. It illuminates the loss of home and the struggle for justice of one racially marginalized community. The story unfolds by following seven narrators.

Learn about life for Japanese Canadians in Canada before war, the administration of their lives during and after war ends, and how legacies of dispossession continue to this day.

In light of the current situation in Ontario due to the Covid-19 pandemic, we are delaying the opening of the Broken Promises exhibit until September 2021. We apologize for any inconvenience this may cause.

「破られた約束」展(JCCCギャラリー内にて)

多団体、コミュニティが7年の歳月をかけたプロジェクト、不当な風景からのリサーチを基礎に、1940年代の日系カナダ人の資産剥奪に迫る展覧。

コロナ禍のオンタリオ州現状により、「破られた約束」 展は2021年9月に延期されることになりました。お詫び申し上げます。

ONGOING



Maru: Immigration Stories (On-site and virtual)

A condensed version of our upcoming physical exhibit Maru: Immigration Stories in the JCCC's Moriyama Nikkei Heritage Centre is currently available virtually.

The JCCC has partnered with Google Arts & Culture, a non-profit initiative that works with cultural institutions and artists around the world to make Maru: Immigration Stories accessible to anyone, anywhere.

Visit the virtual exhibit >

丸:日系移民物語

JCCC森山日系へリテージセンターでの展覧オープン前にオンラインミュージアムにて凝縮版をお楽しみください。**こちら**からどうぞ。

The Intermedia Work of Nobuo Kubota (Virtual)

A JCCC Art Gallery Virtual Exhibition

Nobuo Kubota's work often combines sound, music, installation and film, a practice that he labels 'Intermedia'. This exhibition features some of Nobuo's Intermedia work, exploring textual marks and phonic sounds.

Visit the virtual exhibit >

ノブオ・クボタのインターメディア作品展

(JCCCオンラインアートギャラリー)

ノブオ・クボタが、音、音楽、インストレーション、そして映像を組み合わせた「インターメディア」と分類する 自身の作品の数々を紹介する。**こちら**からどうぞ。

Virtual Exhibit Tour: MARU IMMIGRATION STORIES



In celebration of the launch of the virtual Maru: Immigration Stories exhibit, the JCCC hosted a virtual exhibit tour on May 9. We would like to thank all those who joined us that evening. With attendees from Japan, United States, Brazil, Peru, and across Canada, we had a lively discussion on the possibilities of presenting more Nikkei community stories in the future. For those who were unable to attend, please keep a lookout for new recordings that we will be releasing on the JCCC's Youtube channel. In collaboration with the **New Japanese Canadian Committee**, we will also host another virtual exhibit tour in Japanese so keep your eyes peeled for that and don't forget to register!

In the meantime, we invite you to visit the virtual Maru: Immigration Stories on Google Arts and Culture.

Two New All Things Japanese! Podcast Episodes!

The Magic of Sakura: Around the world, the blooming of sakura trees marks the arrival of Spring and the promise of a beautiful experience in our landscape. But according to James Heron, the sakura are more than "just eye candy" - they are ensconced in the mentality, religion and culture of Japan. We are honored to present James Heron, Consul-General of Japan Sasayama Takuya and sakura visionary, Chako Setoyama as we reveal the true meaning of sakura. Happy Spring from the JCCC Art Committee! The podcast is also accompanied by a virtual hanabi (flower viewing).

Story of Kimono: From cultural history to its depiction in films like The Devil Wears Ju-Ni Hitoe Kimono, there's lots to learn about the iconic national dress of Japan. Join John and his esteemed guests anthropologist and author, Liza Dalby as well as arts educator, Katherine Yamashita in this engaging episode.





Photo credits - Promenade of sakura in downtown Tokyo. Photograph by John Ota; Katherine and Dannie Yamashita in Sakura Kai kimono.





1 2

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Sue Kai Launches the Sedai Oral History Catalogue

The Heritage Department is proud to announce the launch of the Sedai: Oral History Catalogue on the JCCC website. The Catalogue will help family members and researchers find interview footage and documentation in a quick and easy manner. To help us with the launch, we spoke to Sue Kai, with the help of her son Brian. Sue is a previous Sedai interviewee who is committed to ensuring that her family and community understands the history of Japanese Canadians.







Photos courtesy of the Kai Family

世代口述史カタログの公開にあたり

世代:口述史カタログがJCCCウェブサイト上で公開になりました。カタログはインタビュービデオや文書が簡単に探せるようになっています。ウェブ上での公開に際し、ご家族やコミュニティの方々に日系カナダ史を理解してもらえるようにと、以前に世代インタビューを受けたスー・カイさんにお話を伺いました。(今回のお話の内容は英語記事をご覧ください。)

- TT The JCCC is using your interview and biography as the title story for our Sedai Oral History Catalogue. What do you think of this?
- **SK** The JCCC is doing important work in documenting the stories of Japanese Canadians. I was impressed with everyone's stories. I read each word of all of the transcripts.
- TT You have been very proactive in making your family history available through both your autobiography and your interview with the Sedai Legacy Project in 2010. Why do you think that it is important for the elders of a community to share their stories and experiences?
- **SK** For future generations of Japanese Canadians, it is important to tell the stories of the Nisei generation. We are fluent in English and able to relate stories of our wartime experiences and our resettlement to other parts of Canada.
- TT Why did you write your autobiography, This is My Life?
- **SK** If I did not write it, no one would write it. I am the only Kai in-law still alive in 2021. All the rest have died. I am also the last Matsugu relative of my generation (Nisei). Also, I was the only bi-lingual Kai relative.
- TT Why was it important for you to participate in the Sedai Project?

- SK I wanted to tell my story especially about my experiences during World War II. I kept track of my special life events; I am a family historian. I enjoyed my childhood and going to school. I want my family to know my story and how I lived. In Vancouver, even though I lived in a Japanese Canadian neighbourhood, I felt discrimination because of the hurtful writings printed in the Vancouver Sun newspaper. Job opportunities for Japanese Canadians in British Columbia were very restricted. Even though I did very well in school, I think that if I had stayed in BC, I would have worked in a menial job or in a Japanese community-based store. I am glad of the opportunities I had in Ontario to work in secretarial and management positions.
- TT What would you say to convince others of your generation to participate in the Sedai: Japanese Canadian Legacy Project?
- **SK** With the Isseis gone and the Nisei population getting smaller, we need to hear the stories of Japanese Canadians so that younger generations can learn their history from their elders.

Sue's interview, along with her autobiography, are available in the **Sedai Online Catalogue**.

スーさんの世代インタビュー及び写真はSedai Online Catalogue でご覧いただけます。

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The JCCC is extremely grateful for the generosity of all who have made donations during this time. The outpouring of support, commitment and kind words of encouragement we have received is a testament to our motto, Friendship through Culture.

Contributions will go towards the sustainment of the JCCC despite the temporary closure of the building. All donations help ensure that we will have the ability to execute all of our programs and events once our facility reopens. We very much look forward to welcoming you back to the Centre. Thank you.

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The families of Mack & Margaret Oikawa

In memory of Kay Oki

Ms. Midori Fujiwara

In memory of Kazumi John

Murakami

Mr. Steve Murakami

In memory of Ken & Ruth Tanino

Ms. Karen Tanino

In memory of Kenneth Ikeda

Mr. & Mrs. Edward Ikeda

To Judo Program Mr. Kevin Nishijima

In memory of Kiyo Aida & George Obokata

Ms. Elizabeth Obokata

In memory of K. Moranaka

Mr. & Mrs. Frank Nishioka

In memory of Kimi Fukushima

Nobuko; Gord, Cathy, Jenn; Bob;

Larry, Judy; Ed, Karen

In memory of Kimiye Hayashi

Mrs. Kay Doi

In memory of Kiyo Ise

Ms. Deborah Ise

In memory of Koji &

Kay Morishita

Their children & families

Marni & Martin Shintani

In memory of Koji & Lorraine Omotani

Anonymous

Sandy, Simon, & Family

In memory of Koto &

Terry Adachi

Ms. Katherine Adachi

In memory of Kuniko (Kay) Iwasa

Mr. John & Mrs. Kiyo Tohana

In memory of Kunio & Larry Suyama

Mr. David Saxby

In memory of Lawrence Heron

Mr. Gary Kawaguchi &

Ms. Gayle Taguchi

Mr. Toby & Mrs. Haruko Ishihara

In memory of Lily Kuroda

Mrs. Diane Kiriakou

Mr. & Mrs. Karl Otani

In memory of Margaret Mori &

Joyce Nishio

Mr. Greig Nishio &

Ms. Carolynne Mori

In memory of Masaaki Dazai

Mrs. Aiko Murphy

Mrs. Mitsuko Dazai

In memory of Masako Nakamura

Ms. Deborah Paul

Ms. Tanya Spiteri

In memory of Masami Tsukamoto

Anonymous

In memory of Masayasu Mine

Mrs. Mari Rutka

In memory of Michi Ueda

Mrs. Brenda Murai

In memory of Morio & Akemi Kumagawa

Ms. Sally Kumagawa

In memory of Muneo &

Martha Miike

Ms. Sandy Miike

In memory of Nobuaki Tanaka

Mrs. Denise Chan

In memory of Norma Cheng

Mrs. Kathleen Nasu

In memory of Norman Takeshi

Ibuki

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In memory of Patricia

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In memory of Saburo Morita

Anonymous

Mrs. Kay Mitsui

In memory of Sadao Kitagawa

Mr. Michael Kitagawa

In memory of Saichi Otani

Mr. Karl Otani &

Mrs. Sawako Elston

In memory of Sally Nakano

Mr. Rick & Mrs. Kathy Tazumi

In memory of Setsuko Sau C. Lee

Mr. Michael Lee

In memory of Shigeo Stanley

Kishimoto

Ms. Joyce Hayward

In memory of Shirley Mitsuko

Edamura

Mr. Henry Edamura

In memory of Shoji & Sachi Takahashi

Mrs. Midori Takahashi & Mr. Chris Barklev

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Mr. George Evans

In memory of Sidney Shigeru & Sachiko Oue

Mr. & Mrs. Theurer Britton

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Mr. Gord Sato

In memory of Suzuko Susie Mori

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Mr. Ken &

Mrs. Cathy Nakamura (nee Otsu)

Mrs. Claire Taeko Nakamura Mr. Matt & Mrs. Sharon Shintani

In memory of T. E Nishioka

Mr. & Mrs. Frank Nishioka

In memory of Tad Miura

Mr. Steve & Mrs. Laura Hirano

In memory of Takeo Saito

Mr. Rodrigo Saito

In memory of Teruko Otani

Mr. & Mrs. Karl Otani

In memory of Tomi-Taro Nishio

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In memory of Tom Oyagi

Mrs. Doreen Oyagi

In memory of Tom, May & Bill Oyagi

Mr. & Mrs. George Oyagi

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Mr. Grzegorz Radziwonowski

Mr. David Simmons

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Mrs. Noriko Oka

Mrs. Kimiko Teh

DONATIONS TO THE FRIENDS OF THE MORIYAMA NIKKEI HERITAGE MUSEUM

AUGUST 15, 2015 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

Individuals/Couples

In honour of Kaz and Nao Amemori

Rinzo and Aiko Amemori

Kihup Boo (夫)

Karen Ruth Chong and

Harry Ham Sit Chong

Susan Lem and Margaret Toy Yuen Wong

Chong

Shirley Mitsuko Edamura -

In Loving Memory

From Henry Lorie Robbie Kristi Dean

& Families Edamura Kobayashi Sikura

Shin

Kokuryo Shintani Ross Schroeder Colman

Masaji and Kazue Endo - In Memory

In Memory of Mother Hiroko Fukushima

Jiro Fukushima

Shinya and Masumi Godo

Yoshiko Jean Goto & Family

Hamade Bunichi & Ito Matsunosuke &

Hana Mio

Yoshiko & Shigeo Bus Harada - In Memory

Hiromi ICHIDA

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Elaine Ishibashi and Keith Smithers

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Eizo and Fumi Kamitakahara - In Memory

Ken and Agnes Kanda

Lucas, Sayaka, and Emika Koolma

Koji and Elaine Kozuye Kari

Mark & Ryan Kari

Frank and Natsuko Kumagai - In Memory

Ray and Amy Kutsukake In Memory

Kiyoshi and Eiko Maikawa

Sumie (Sugamori) Medoruma -

In Loving Memory

Tommy Medoruma (Kanashiro) and Family

In Memory of Margaret Mori

Mas and Yuri Mori

Saburo and Nancy Morita

Nete Mowry - In Memory

Fumiye and Masaharu Mukai - In Memory

Isaburo and Noshi Nagasuye - In Honour of

Janet Michiko Nagasuye - In Gratitude

Mae & Shigemi Nagasuye -

In Loving Memory

Michael, Elizabeth & David Nagata

Asako and Tsuneharu Nakanishi -

In Memory

In Memory of Rei and Kim Nakashima

Kimiaki and Rei Nakashima - In Memory In Memory of Mamoru and Hanae Nishi

in Memory of Mamora and Hanae Nishi

Ron and Judy Nishi

Nana and Tomi Nishimura

In Memory of Ippei and Hama Nishio

Dr. Nori Nishio - In Memoriam

In memory of my parents Etsu and Moichi

Roy Chukichi and Suzu Oyagi - In Memory

Kevin and Nancy Roxby

In Memory of Grace Haruko Sakamoto

Nancy Shin - In Memory

In Memory of Nancy Aiko Shin

Emiko Sumi

Victor and Bev Suzuki

Rick and Kathy Tazumi

Sachio and Betty Tomihiro

Ray and Edna Uda

In Memory of Toshiko & Frank Usami In Memory of Ethel Midori Wakayama Beaver & Michi Yamamura -

In Loving Memory

Tsutae Yamamura - In Loving Memory In memory of Amy Shizuko Yoshida

Groups

Asahi Baseball Ichigun

Ayame-Kai Odori Group

Chado Urasenke Tankokai Toronto

Association

Checkmate Development

Crow Creek Settlement Reunion

DundeeWealth Inc. - Marty Kobayashi

Endow Dental Arts Studio Inc

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学校法人山口学園 global.ecc.ac.jp ECC

JAPAN

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Ikenobo Ikebana Society of Toronto

Japanese Cdn Citizens Assoc Toronto

Chapter

JCCC Judo Kai

JCCC Kendo

JCCC Kyudo Seikyu Kai

Nelson Arthur Hyland Foundation

New Japanese Canadian Association

Ontario Tottori Ken Jin Kai

Salden Foundation

SHODO CANADA

The Frank H. Hori Charitable Foundation

Toronto Japanese Garden Club

Toronto Kohaku Utagassen

Wynford Seniors Club



In the face of the COVID-19 outbreak, the Japanese Canadian Cultural Centre (JCCC) is facing unprecedented operating challenges and we need your help.

We closed the JCCC on March 16, 2020 cancelling all regular programs, classes and events planned until further notice.

Please consider supporting the JCCC Emergency Appeal. We know these are tough times for everyone so we welcome any donation. Thank you for your support.

VOLUNTEER SPOTLIGHT **DAWNA K**.



Middle - Dawna K

どのようなボランティアをしてきましたか?

初めてのボランティアは、キャラバンでウェイトレスを務め、その後はバザー、全お祭り、ノスタルジア・ナイト、一世デー、ファミリーゴルフトーナメント、饅頭ビーなどの様々なイベントや、毎月のニュースレター発送の手伝いに携わっています。駐車場の誘導のお手伝いも何度かしました!80年代には幾つもの委員会にも所属し、JCCC女性援助グループの会長になりました。また、娘のクリスティンがあやめ会舞踊グループに所属していた時、クラブ代表としてもJCCCでボランティアをしました。

JCCCでのボランティア経験を一言で表すと?

「充実」です

How long have you been a volunteer here at the JCCC?

"47 years"

How did you get involved with volunteering at the JCCC?

"My aunt was a long-time volunteer of the Centre and recruited my family in 1974 to help at the Tokyo Pavilion for Metro Caravan"

What type of volunteer work have you done?

"I started as a waitress in the west room for Caravan, then got more involved over the years volunteering for Haru Matsuri, Bazaar, Natsu Matsuri, Nostalgia Night, Family Golf Tournament, Issei Day, Fuyu Matsuri, snack bars for various events and rentals, manju bees, the monthly newsletter mailing plus organizing the euchre nights. I helped in the parking lot a few times too! In the 80s I joined several committees and became the president of the JCCC Womens Auxiliary. When my daughter Kristin joined Ayame-Kai Odori Group, I also volunteered for the Centre on their behalf."

Describe in ONE word your volunteer experience at JCCC.

"Fulfilling!"

JCCCでボランティアをしてどのくらいになりますか? 47年です。

どのようにしてJCCCを知りましたか?

叔母がJCCCで長くボランティアをしており、1974年、メトロキャラバンの東京パビリオンに私の家族を誘い、皆で参加することになりました。



Virtual Obon Odori with the TBC

The Toronto Buddhist Church virtual Obon odori practices are underway but there is still time to participate. These practices are held on Friday evenings, 8:00 – 9:30pm. Everyone is welcome!

If you would like to attend, please send an email to **tbcminyo@ gmail.com** and you will receive the Zoom link.

Assuming that Covid-19 restrictions for outdoor gatherings will still be in place, the TBC is planning a virtual Obon odori on Saturday, July 10, 2021.

We hope that you will be able join us to make Obon 2021 a success.

Janice Fukakusa is Pitching in to Help Combat Anti-Asian Racism

With information from The Globe and Mail

Janice Fukakusa, Chancellor of Ryerson University, JCCC Foundation Chair and a third generation Japanese Canadian, has donated \$1-million to the Racial Justice Initiative at Ryerson's Faculty of Law. As a long time advocate against racism, Ms. Fukakusa has been especially alarmed at the steep rise in anti-Asian racism since the start of the Covid-19 pandemic.

Ms. Fukakusa hopes that her donation to the Racial Justice Initiative will spark further donations to the fund, which hopes to bridge disciplines to produce solutions involving racial justice. The gift was timed to coincide with the start of Asian Heritage Month.

ジャニス・フカクサさん、アジア系差別撲滅に向け寄付

Globe and Mail記事の情報より

ライアソン大学副学長の日系三世ジャニス・フカクサさんがライアソン 法学部に百万ドルの寄付を行った。長年に渡り人種差別反対を提唱し続 けてきたフカクサさんは、コロナ禍が始まってからアジア系に対する差別の 急激な増加に殊更警戒感を強めている。今回の寄付金が、人種間平等を目 指す基金への寄付の導火線となることをフカクサさんは希望している。今 回の贈与はアジアへリテージ月間に合わせて行われた。



Photo by Adrien Bruneau on Unsplash

健やかな老後をめざしてその40 - もし認知症が疑われたら...

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

ミシサウガの母親Fさん(70歳)からトロントに住む息子Gさんに電話が入りました。「買い物を済ませて帰るところだけど、停めた車が見つからない!」と慌てています。"行きつけのショッピングモールだし、それほど広くないのにどうして?"と感じながら「いつもカート置き場近くに停めていたよね。確認してみて!」と告げると、間もなく「あったよ!勘違いしたのかな?」との返信。その時、彼はそれほど不思議には思いませんでした。それから2週間後、警察から「自宅へ帰る道がわからなくなったようです」と連絡がありました。近くのモールから運転して帰る途中だったのに、随分と離れた場所で発見されたのです。それで初めて、母親に異変が起きていることに気づきました!

数年前からもの忘れが目立つ様になったのですが、本人も家族も年齢的変化と思い、全く心配していませんでした。一人暮らしのFさんは、退職後に地区や教会のボランティア活動に積極的に参加し、リーダー的存在として信頼されていました。ところがある日、活動の予定時刻に来ないので、友人が電話すると「カレンダーに明日と書いているわ。私は間違えていない!」とすごい剣幕で怒ってしまいました。ここ最近、Fさんの言動に仲間たちは戸惑い、不審に思うようになっていました。

家族がよく観察してみると、綺麗好きだったのに台所や寝室は何となく乱雑です。趣味だった家庭菜園も春に植え付けせずに荒れたままです。カレンダーには沢山の書き込みがあり、もの忘れを気にしていることが伝わってきます。Fさんは運転中に帰路があいまいになったことが不安になり、家族の勧めを受け入れて受診しました。問診、内科的診察、神経学的診察、認知機能テスト、脳の画像検査により、アルツハイマー型認知症と診断されました。

アルツハイマー病の薬物治療に関する研究は世界的に目覚ましく進んでいます。早く発見して、適切に薬物治療を行えば、進行を遅らせることが可能になっています。現時点では根本的に治す効果はまだまだですが、早い段階で治療を開始すれば、症状が軽い状態を長く維持できることも期待されます。本人にとって生活の質は大いに異なってきます。Fさんの場合、脳の神経細胞の働き(情報伝達能力)を助ける薬が処方されました。

高校生の孫が小物作りの大好きなFさんとバッグ作りを始め、ショッピングセンターで一緒に布地探しを楽しむようになりました。また、Gさん夫妻は日曜ミサの送迎を行い、作った料理を冷凍庫にわかりやすく保管し、午後には近所を散歩したり、庭や花作りを手助けしました。

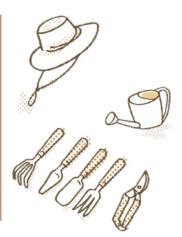
ところが2020年春以降、コロナ禍のために戸外活動が制限されました!大学生となった孫はFさんの家でオンライン授業に参加し、彼女の日常生活を支えています。発症から5年が経過した現在、家族、友人や隣人の支えや見守りによって自宅での生活と社会活動を継続することができています。

誰しも心身の健康障害に無縁で生きることはできません。特に、シニアになれば長く使い続けた(酷使した)臓器にはやはり無理が生じます。腎臓、肝臓、心臓などと脳も同様です。生活習慣病(高血圧や糖尿病など)と診断された時「それは何かの間違いでしょう!」と強く否定する人はほとんどいません。ところが「あなたは認知症です」と診断された時、受け入れられずに落ち込む人が多いのは何故でしょうか?認知症に対するイメージ(記憶が無くなる、何もできなくなる、何か特別な病気で自分には関係ない)が影響すると考えられます。認知症に対する偏見は過去に比べると改善していますが、それでもなお「自分を見失うようになるなんて耐えられない、家族に迷惑をかけたくない」という気持ちになりがちです。

英子の認知症こころ構え

(もし認知症が疑われたら...)

- 1. 家族や友人のアドバイスに耳を傾け、素直に 受診する(早期発見!)。
- 2. 準備してきた賭々を夫 (成年後見人) に説明し、 手渡す。
- ・日加の遺言書、重要事項と書類、連絡リスト (既に手渡しているが、改めて説明)
- 3. 身の周りを整理する(断捨離)。
- 4. 大好きな活動を続ける。
- 読書、ピアノ、カラオケ、メチャクチャ・ ダンス、古典日本無限
- 5. 都知症と診断されたら「本人と家族の会」など に参加し、体験を共有し、学び、支え合う。
- 『 何度でも 弾いて唄えば 夏が来る 楽しき瞬間 (とき) が 若さ養う 』



認知症は、脳に不要な老廃物が溜まって神経細胞が壊れる、脳梗塞や脳出血などで脳の機能が低下する等の原因によって日常生活に支障をきたす状態です。ですから、私(あなた)にその状態が生じても何らおかしくはありません!私の場合、数年前に実施した脳ドックでは委縮はありませんでした。70歳になった今、いつでも来いと言う気持ちで「英子の認知症こころ構え」を有言実行しています。

夫や親友が「最近何か変わったように見えるし、もの忘れが目立つようになったね。心配だから受診してみたら…」と勧めたら、そのアドバイスを即受け入れると決めています。彼らも案外と気を遣ってしまうかもしれないので「その気づきを早く告げてネ!」とお願いしています。日頃から"何事も早期発見と治療が大事"と考え行動しているので、"ふだんと違うなあ"と感じ始めたら、他者に言われる前にきっと自ら受診するでしょう(笑)。より良い治療法があるのに、それを活用しないなんてもったいないで~す!

ともに人生を歩んできた身体(各臓器)をいたわり、守るのは本人にしかできないことです。ですから、他者の助言に耳をふさぎ、認知症にはならないと過信するのは避けたいですね。「もし認知症が疑われる状態が生じたら、どう対応しましょうか?」と、是非ご家族で話し合っておきましょう!

Fさんにとって認知症の進行が緩やかである要因は、初期の対応(受診)が早く、適切な薬物治療が行われ、様々な人々の支援が効果を発揮している事があげられます。また、庭作りや小物製作のアイディアを得るために家族と一緒に散歩やウィンドウショッピングに良く出かけています。そこには、認知症ケアに重要な沢山の温かなコミュニケーションが生れます。また、好きな物を眺め、探すために歩くことによって、結果的に身体活動量も維持されています。

裁縫、手芸、習字、絵画、庭・畑仕事や楽器演奏など、身体にしっかり養ってきた技能は最後まで保たれやすいのです。Fさんとお話ししてみると、"私にはこれができる"という主体性の感覚をもって前向きに暮らしていることが大きな要因ではないか、と感じます。彼女に大事な視点を教えてもらっています。

人それぞれに生き方と個性があります。認知症になってもそれら全てが失われるわけではありません。私は認知症と診断されたら、これまで以上に自分の変化を楽しみながら歩んでいきたいなあ、と思っています。そこからまた英子ならではの人生を始めま~す。転んでも夕ダでは起きない…好奇心旺盛の心はけっこうしぶとく、趣味の自己観察ノートが一杯になりそうです(大笑)。

読書の時間 - 書店が選ぶおススメ本



宝塚おとめ 2021年度版

専科・花組・月組・雪組・星組・宙組、そして研究科1年の生徒まで、その年の宝塚歌劇団全生徒を網羅。

誕生日から出身地、出身校はもちろん、初舞台、好きだった役など、ファンが気になるタカラジェンヌのプロフィールを紹介します。

50音別・組別で探すことができます。

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「日本の伝統」の正体

その伝統、本当に昔からあった?

お正月の定番「初詣」も「重箱おせち」も、実は私鉄や百貨店のキャンペーンから生まれた新しい文化。

喪服は黒、土下座が謝罪のポーズになったのも実はごく最近。

行事・風習・食生活…日常のいたるところに潜む、一見それらしい"昔からのしきたり"や"和の心"の裏側には、面白エピソードが盛りだくさん。

楽しく学べるベストセラーに大幅増補。待望の文庫化。第1章:季節にすり寄る「伝統」、第2章:家庭の中の「伝統」、第3章:「江戸っぽい」と「京都マジック」、第4章:「国」が先か?「伝統」が先か?、第5章:「神社仏閣」と「祭り」と「郷土芸能」、第6章:「外国」が「伝統」を創る

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JSS プログラム:2021年6月

詳細やお申込み(必須)は各リンクから、またはChie (416-385-9200 / programs@jss.ca) まで。

(1)モミジ&JSS オンライン講座シリーズ(水曜3-4時)

※シリーズ情報はこちら

「カナダの安楽死 medical Assistance in Dying (MAID) を知る」

6月9日·23日

ぜひこの機会に、カナダの安楽死(MAID)の概要・利用資格・安全対策・ごく 最近の法律変更や今後の動きについて、一緒に学んでみましょう。※23日は 日本語通訳付

(2)モミジ&JSS特別企画

トロント警察による「高齢者の安全・安心な暮らしセミナー」

第3弾『安全な生活』6月18日(金)11-12時

自立した安心・安全な生活のため、各自が意識や理解を高め防犯対策をする ことは大変重要です。トロント市警察から学ぶ本シリーズもついに最終回 。

(3)シニア・プレシニア向けプログラム、試運転中!

1. オンライン やさしいシニアヨガの会(日本語、55歳以上対象)

<第3ターム> 5月17日-6月28日(5月24日以外の月曜)10時-11時半椅子に座ったり寝転がった姿勢でできるやさしい60分ヨガと30分お喋りのセットで、楽しくリフレッシュ。初めての人も、体が硬い・体力に自信がない人でも、無理なく参加できます(1ターム = 週1回x6回)。

2. 電話で話そう~「お元気ですか?」プロジェクト

パンデミックで外出自粛が長引いているこの頃、JSSスタッフ(社会福祉士) と電話で気軽にお話ししてみませんか?みなさん(60歳以上・日本文化が背景の方)がどうされているかお伺いしながら、お持ちの質問や疑問にできる限りでお答えします。

(4)レギュラーJSSオンラインプログラム

- 1. クラフトクラブ交流会(craftclub@jss.ca)第1·3水曜、10時半-正午
- 布クラフト 6月2日 カルトナージュ:リボントレイ・マカロンメジャー・ハサミケース」
- 編み物 6月16日 「今までの作品から好きなものを編もう(三角ショールなど)」
- 2. ホットランチ交流会 6月23日(第4水曜) 10時半-正午(hotlunch@jss.ca)
- 3. シングルマザーサポートグループ 月1回(Chie:programs@jss.ca)

Check out our upcoming June programs! *Pre-registration required. Click each link and/or contact Chie (416-385-9200 / programs@jss.ca) for more details & RSVP.

(1) Momiji & JSS e-Learning Series

Wednesdays 3:00pm to 4:00pm

*Click here for the list of seminars and videos

Pre-registration required by 2 days before each session (Monday). Click each link below to see more details and register.

Introduction to Medical Assistance in Dying (MAID)

June 9 and 23 (in English)

Join us to learn an overview of MAID, eligibility and safeguards in place. We will also review recent changes to the legislation and what lies ahead. *Japanese interpretation on June 23.

(2) Momiji & JSS Special Sessions

Seniors Safety with Toronto Police

Friday June 16, 11:00am to noon

Inviting Toronto Police, the last of this series on raising awareness and keeping older adults safe and independent, features "personal safety." RVSP by June 14.

(3) For Seniors & Pre-seniors (*Pilot Phase)

1. Online Easy Yoga for age 55+ (in Japanese)

[Term #3 (6 sessions)] Monday May 17 to June 28, 10am to1:30pm *except May 24.

Enjoy refreshing 60-min easy yoga + 30-min socializing! Beginners welcome, easy chair yoga combined with relaxed movement laying on the floor.

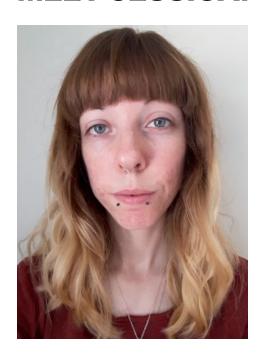
2. "Ogenki-desuka?" Project: One-to-one 60-min chat with a JSS social worker over the phone

Are you an age 60+ with Japanese background? We want to hear from you on how you are doing, and if there is any question we can help you with. (in Japanese, English)

(4) JSS Regular Online Programs (in Japanese)

- 1. Craft Club Social: Wedneday 10:30am to noon *RVSP at craftclub@jss.ca
- Fabric Club June 2 "Cartonnage: Ribbon Tray / Macaroon Measuring Tape / Scissors Case"
- Knitting June 16 "Pick from the past works (e.g. triangle shawl)"
- 2. Hot Lunch Social: Wednesday June 23, 10:30am to noon *RVSP at hotlunch@jss.ca
- 3. Online Single Mothers Support Group (monthly): *Contact Chie / programs@jss.ca

MEET JESSICA!



Jessica Rodriguez has joined the JCCC newsletter team through the Canada Summer Jobs Program, and is working to re-design our monthly e-newsletter.

How did you find the JCCC?

I attended the Oshogatsu Kai in 2020 for the first time. Following that, I volunteered at the Haru Matsuri in 2020. But after that everything closed down. I had even signed up for the sushi workshop and was ready to make sushi for the Bazaar. I'm just trying to slowly be part of the community.

What is your approach to design?

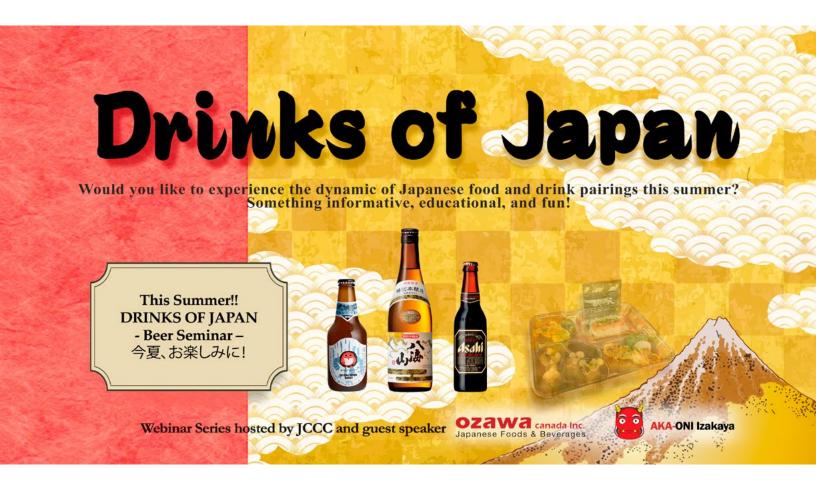
Having things neatly organized and pleasing to look at is not just an aesthetic thing, but it's to help convey the information we think is important. The JCCC newsletter has a lot of rich information that could be complimented quite nicely with a consistent design.

Keep an eye out for the exciting new look of the JCCC newsletter.

新スタッフ紹介

カナダサマージョブプログラムでジェシカ・ロドリゲズさんがJCCCニュースレターチームに加わり、月刊ニュースレターのデザインチェンジに着手しています。

見て楽しむのみに留まらず、重要な情報が行き渡る統一したデザインを!と邁進中のジェシカさんのインタビュー内容は英語記事をご覧ください。







JAPANESE FILM FESTIVAL

VIRTUAL June 5 - 27, 2021 WWW.TORONTOJFF.COM







Special 2021 Co-Presenter





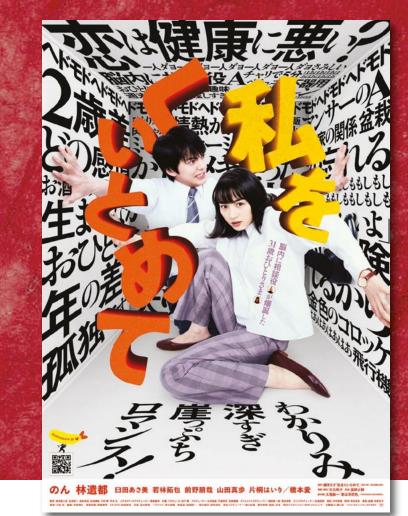












© 2020"Hold Me Back"film partners

HOLD ME BACK

私をくいとめて

Available to view: June 5-27 • 133min/2020

Director: Akiko Ohku

NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Audience Choice Award winner at the Tokyo International Film Festival, this charming comedy-drama traces the clumsy love life of 31-year-old Mitsuko who thoroughly enjoys being single. Her life is complicated by her inner voice and advisor she calls "A". When Mitsuko meets Tada-kun, a younger guy who works in sales she decides to take action, all the while baffled by her inability to be bold and reckless like she was in her twenties. Should she followed A's advice? Take a trip to Rome? Let romance bloom? Director Ohku also won the Audience Award at TIFF Tokyo 2017 for Tremble All You Want, and here she again delivers a quirky, heartfelt tale of awkward love featuring a winning central performance by one of Japan's leading young actresses.

Starring Non, Kento Hayashi, Asami Usuda, Hairi Katagiri.

前作『勝手にふるえてろ』と同じ、綿矢りさの同名小説が原作。30歳を越えてすっかり"おひとり様"が板についた黒田みつ子は、脳内にいるもう一人の自分である相談役「A」と平和な生活を楽しんでした。ある日、みつ子は年下の営業マン・多田くんに恋をしてしまう。みつ子は20代のころのように勇敢になれない自分に戸惑いを感じながら、「A」に色々と相談しながら一歩踏み出すことに。

監督:大九明子『勝手にふるえてろ』

出演:のん、林遣都、臼田あさ美、片桐はいり、橋本愛

NOTE: THIS FILM IS NOT AVAILABLE FOR VIEWING IN QUEBEC

注記:この映画はケベック州からは視聴できません



© 2019 'Just Only Love' Film Partner

JUST ONLY LOVE

愛がなんだ

Available to view: June 5-27 • 123min/2019

Director: Rikiya Imaizumi

CANADIAN PREMIERE • In Japanese with English Subtitles

"Sincere, intelligent, realistic, thorough and quite entertaining... an impressive package that strays far away from the silliness of the romcoms. Definitely one of the best indie films of the year." – Asian Movie Pulse

For naive office worker Teruko, her beloved Mamoru takes priority over everything. But to Mamoru - an aloof artist - Teruko is little more than an occasional plaything. After spending a night together, Teruko thinks she is finally getting close to Mamoru, but he suddenly disappears. Teruko's unwavering love and unquestioning commitment sends her life spiraling out of control. A comical yet heart-rending one-sided love story with superb lead performances. Based on Mitsuyo Kakuta's novel.

Starring Yukino Kishii, Ryo Narita, Mai Fukagawa, Ryuya Wakaba, Noriko Eguchi.

2019年のゴールデンウイーク中、連日満席、立ち見が続き、映画館が若い女性やカップルで埋め尽くされるというロングランの話題作!直木賞作家・角田光代の恋愛小説を原作に、好きになってくれない相手を一途に追う女性の恋模様を描く。28歳のOL山田テルコの生活は、マモルに一目惚れした5カ月前から、マモル中心となってしまう。仕事中、真夜中と、どんな状況でもマモルが最優先。仕事を失いかけても、友達から冷ややかな目で見られても、とにかくマモル一筋の毎日を送っていた。しかし、そんなテルコの熱い思いとは裏腹に、マモルにとってテルコは単なる都合のいい女でしかなかった。

監督:今泉力哉

出演:岸井ゆきの、成田凌、筒井真理子、深川麻衣、 若葉竜也、江口のりこ Screening Partner





© 2020 MIO'S COOKBOOK Production Committee

MIO'S COOKBOOK

みをつくし料理帖

Available to view: June 5-27 • 131min/2020

Director: Haruki Kadokawa

NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

When Mio loses her parents in a disastrous flood in Osaka, she is forced to separate from her close childhood friend Noe. The two swear to find one another when they grow up. Ten years later, Mio has been taken in at Tsuruya, a soba restaurant in Edo where she shows off her impressive talent as a female chef. Meanwhile, Noe is now a mysterious *oiran* (high-ranking courtesan) known as Asahi. But the two have never forgotten their promise to reunite. Based on Takada Kaoru's beloved novel this Edo era story of friendship and food is a popular crowd-pleaser.

Starring Honoka Matsumoto, Nao, Mayumi Wakamura, Atsuko Asano, Yosuke Kubozuka, Shido Nakamura, Takeshi Kaga, Takaaki Enoki.

『犬神家の一族』や『セーラー服と機関銃』を手がけた角川春樹による食をテーマとした作品。原作は高田郁のベストセラー時代小説。享和2年の大阪。8歳の澪は大洪水で両親を失い、姉妹のように育った幼なじみの野江とも生き別れた。10年後、江戸のそば処「つる家」に引き取られた澪は女料理人として働いていた。澪は店の看板料理を生み出し、江戸中の評判になる。一方野江は遊郭吉原で幻の花魁・あさひ太夫を名乗っていた。澪が生み出した料理が、二人を再び引き寄せていく。

監督:角川春樹『天と地と』

出演:松本穂香、奈緒、若村麻由美、浅野温子、窪塚洋介、中村獅童、石坂浩二

Screening Partner

NIKKEI VOICE



© 2019 TALKING THE PICTURES Production Committee

TALKING THE PICTURES

カツベン!

Available to view: June 5-27 • 127min/2019 • Director: Masayuki Suo CANADIAN PREMIERE • In Japanese with English Subtitles

"A charmingly inventive and affectionate tribute to Japan's silent movie era. A joyously entertaining, inventively plotted, beautifully shot farce." - Variety

Shuntaro dreams of becoming a *katsudo benshi* narrator of silent movies but gets caught up with a group of thieves. He decides to escape to a small town to pursue his dream in a once-famous but now struggling theatre. There he must contend with a slave-driver theatre owner, an impossibly incompetent and drunken staff and an arrogant competitor. When both the gang of thieves, and his long-lost love, arrive in town it is now or never for Shuntaro. Director Suo (*Shall We Dance, Lady Maiko*) injects much of the broad humour and zany slapstick of the period in this loving tribute to Japanese silent film era.

Starring Ryo Narita, Yuina Kuroshima, Mao Inoue, Takuma Otoo, Naoto Takenaka, Eri Watanabe, Fumiyo Kohinata, Yutaka Takenouchi.

今からおよそ100年前、「映画 (活動写真)」がまだサイレントでモノクロだった頃。楽士の奏でる音楽とともに独自の"しゃべり"で物語をつくりあげ、観客たちを熱狂させる【活動弁士】、通称"活弁" (カツベン) が大活躍。子供の頃、活動弁士を夢見ていた青年・俊太郎は二セ弁士として泥棒一味の片棒を担いでいた。インチキに嫌気がさした俊太郎は一味から逃亡し、とある小さな町の映画館に流れ着き、そこで働くことになるが、、、【アクション】×【恋】×【笑い】の要素を織り交ぜた極上エンターテインメント!!

監督:周防正行『Shall we ダンス?』『それでもボクはやっていない』 出演:成田凌、黒島結菜、永瀬正敏、高良健吾、井上真央、竹野内豊

Screening Sponsors





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TRUE MOTHERS

朝が来る

Available to view: June 5-27 • 139min/2020

Director: Naomi Kawase

TIFF ENCORE PRESENTATION • In Japanese with English Subtitles

Kiyokazu and Satoko are a middle-class couple grappling with infertility. One day, they happen across Baby Baton, an association matching couples with mothers unable to raise their natural children. Six years later, Kiyokazu and Satoko are living happily with their son Asato when their life is shattered by the arrival of Hikari, a young woman claiming to be Asato's biological mother and demanding his return. As tensions mount, Satoko grows more and more emboldened to defend her family. Kawase's adaptation of Mizuki Tsuiimura's novel, weaves moral drama, young romance, social exposé, and even thriller elements into an emotionally intense and devastating experience. Japan's entry for Best International Feature Film at the Oscars.

Starring Hiromi Nagasaku, Arata lura, Aju Makita.

第73回カンヌ国際映画祭のオフィシャルセレクション「カンヌレーベル」に選 出された、河瀨直美監督によるヒューマンミステリー。原作は辻村深月。実の 子を持てなかった栗原清和と佐都子夫婦は、特別養子縁組により男の子を 迎え入れる。それから6年、朝斗と名付けた男の子と幸せな生活を過ごす夫 婦の元に突如、朝斗の産みの母親を名乗る女性から「子どもを返してほしい んです。それがダメならお金をください」という電話がかかってくる。当時14 歳で出産した実の母とは一度だけ対面したことがあったが、訪ねてきた若い 女には当時の面影は微塵もなかった。彼女は何者なのか、何が目的なのか?

監督:河瀨直美『あん』『光』

出演:永作博美、井浦新、蒔田彩珠



武器を持たぬ侍たちの © 2020 'SUMODO: THE SUCCESSORS OF SAMURAL' FILM PARTNERS

SUMODO - SUCCESSORS OF SAMURAI 相撲道 -サムライを継ぐ者たち -

Available to view: June 5-27 • 104min/2020 • Director: Eiji Sakata CANADIAN PREMIERE • In Japanese with English Subtitles

Sumo is one of Japan's most revered sports with deep ties to its culture and history. In his first-of-its-kind documentary, director Sakata lifts the veil on this ancient and secretive world. For six months he conducted in-depth interviews with the sumo stable *oyakata* (coaches) and *rikishi* (wrestlers) focusing on the arduous journey to the upper ranks through the experiences of two aspiring rikishi. Sumodo provides a candid look at these exceptional athletes, their intense training regimens, as well as the always doting, but perhaps even more resilient wives who support their hulking life partners.

Narration by Kenichi Endo.

1500年以上もの歴史の中で日本人の暮らしに深く根付き、今や国技となっ た「相撲」。約半年間、境川部屋と高田川部屋の二つの稽古場に密着。想像 を絶する朝稽古、驚きの日常生活、親方・仲間たちとの固い絆、そして、本場 所での熱き闘いの姿を追いかける中で、相撲の魅力を歴史、文化、競技、様 々な角度から紐解いていく。勝ち続けなければいけない、強くなくてはいけ ない、サムライの魂を宿した力士たち。極限まで自分と向き合い、不屈の精 神で「相撲」と闘い続けるサムライたちの生き様を描いた唯一無二のドキュ メンタリー。

監督:坂田栄治

ナレーション:遠藤憲一

Screening Partner





@ 2020 "A Garden of Camellias" Film Partners

A GARDEN OF THE CAMELLIAS

椿の庭

Available to view: June 5-27 • 128min/2021

Director: Yoshihiko Ueda

NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

This powerful directorial debut from acclaimed photographer Yoshihiko Ueda traces a year in the life of a traditional house in Kamakura overlooking the sea and resplendent with camellia blossoms. The film interweaves the lives of the grandmother, Kinuko and granddaughter, Nagisa who live there with the house's many visitors, some of whom are pushing Kinuko to sell. But she wishes to spend her days cherishing the past and enjoying the seasons through the colourful flowers blossoming in the garden. With the 49th day commemoration of her husband's death approaching, Kinuko's mind is flooded with memories and concerns about what comes next. This ravishingly beautiful and stately examination of the exquisite transience of life builds to a deeply moving conclusion.

Starring Sumiko Fuji, Eun-kyung Shim, Kyoka Suzuki, Chen Chang.

椿の庭

数多くの広告写真を手がける写真界の巨匠・上田義彦が、構想15年をかけ、 脚本・撮影を兼任した渾身の監督デビュー作。夫の四十九日を終えたばかり の絹子(富司純子)は孫娘(シム・ウンギョン)の渚と、海の見える日本家屋で 暮らしている。家や庭で起こる些細な出来事、過去の記憶に想いを馳せ慈し む日々の中、ある日絹子へ一本の電話がかかってくる。椿が咲き誇る一軒家に 暮らす祖母と孫娘、そこを訪れる人々の"一年間"を紡いだ人間ドラマ。

Screening Sponsor

監督:上田義彦

出演:富司純子、シム・ウンギョン、鈴木京香、チャン・チェン



豪華キャスト&スタッフが贈る現代と源氏物語を結ぶ異世界トリップエン © 2019 "The Devil Wears Juni-Hitne Kimono" Film Partner

THE DEVIL WEARS JU-NI HITOE KIMONO 十二単衣を着た悪魔

Available to view: June 5-27 • 112min/2020 • Director: Hitomi Kuroki NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Rai, a frustrated student and part-time labourer, is wandering home after setting up a museum exhibition on the classic novel "The Tale of Genii". There is a blinding flash of light and he finds himself mysteriously time-slipped into the Heian period, the setting for the famous novel. Armed with a pamphlet on the history of the period and a bottle of headache tablets he passes as an *onmyoji* (magical protector of the capital) and is hired by the emperor's wife Nyogo Kokiden. Fearless and coldly analytical she plots to have her son take over the Emperor's position. Rai is expected to help. This light-hearted historical fantasy is a treat for lovers of sumptuous kimono.

Starring Kentaro Ito, Ayaka Miyoshi, Sairi Ito, Naho Toda, Yusuke Iseya, Momiji Yamamura.

内館牧子の長編小説「十二単衣を着た悪魔 源氏物語異聞」を女優・黒木瞳 が映画化。源氏物語の世界に紛れ込んだ現代の青年が、美しくも強い弘徽殿 女御に翻弄されながらも成長していく姿を描く。有名大学に受かった弟に劣 等感を抱く、フリーターの雷は就職試験に落ちてばかりの上に、彼女にもフ ラれてしまう。アルバイトで「源氏物語」イベント展の設営をした雷は、帰宅 途中に激しい雷雨に襲われて「源氏物語」の世界にタイムスリップしてしま う。アルバイト先で配られたあらすじ本のおかげでストーリーを把握してい る雷は陰陽師として弘徽殿女御に見いだされるが、、、

監督:黒木瞳『嫌な女』

出演:伊藤健太郎、三吉彩花、伊藤沙莉、 戸田菜穂、伊勢谷友介





© 2020 "School Meals Time" Film Partners

SCHOOL MEALS TIME: FINAL BATTLE 劇場版おいしい給食 Final Battle

Available to view: June 5-27 • 102min/2020 • Director: Shinya Ayabe CANADIAN PREMIERE • In Japanese with English Subtitles

The year is 1984 and teacher Amarida is obsessed with school lunches. He and student Kamino compete in a "silent battle" to see who can enjoy the school lunch more. When the school board announces these *kyushoku* lunches will be discontinued, Amarida and Kamino get the shock of their lives and Kamino declares that he will run for student council to bring about a school lunch revolution. New teacher Ms. Misono watches their drama unfold. Can Amarida protect the school lunches that he loves so much? This hilarious, high-energy "school gourmet comedy" looks at yet another facet of Japan's food obsession.

Starring Hayato Ichihara, Rena Takeda, Taishi Sato.

給食マニアの教師と生徒の"静かな闘い"を描く今世紀最大の給食スペクタ クルコメディ!

1984年。「どちらがよりおいしく給食を食べるか」というバトルを日々繰り広げている給食マニアの中学教師の甘利田と生徒の神野。神野は給食改革を目指し、生徒会選挙に出馬すると高らかに宣言。そんなある日、学校から給食がなくなることを通達され、給食が大好きな甘利田はショックを受ける。鯨の竜田揚げ、ミルメーク、ソフトめんなど懐かしの給食が登場し、ノスタルジックになること間違いなし!

監督:綾部真弥『柴公園』

出演:市原隼人、武田玲奈、佐藤大志





© 2020 "Ora, Ora Be Goin' Alone" Film Partners

ORA, ORA BE GOIN' ALONE おらおらでひとりいぐも

Available to view: June 5-27 • 137min/2020 • Director: Shuichi Okita NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Adapted from of Chisako Wakatake's Akutagawa and Bungei Prize-winning novel. Seventy-five-year-old widow Momoko leads a solitary life. Abandoned by her children, her days are spent at doctor visits, borrowing books from the library, and studying 4.5 billion years of history. Her companions are an imaginary chorus of three oddball spectres bedecked in matching granny outfits who call themselves "Ora" ("I" in the Tohoku dialect). They provide a constant commentary on Momoko's thoughts, especially the negative ones, and try to trick her into taking a more positive view of life. Meanwhile her imagination revisits memories of her younger, happier and more vital self and her first love. A moving study of aging and loneliness mixing heavy themes with much lighthearted and surreal humour.

Starring Yuko Tanaka, Yu Aoi, Gaku Hamada, Munetaka Aoki, Kankuro Kudo, Masahiro Higashide.

63歳で作家デビューした若竹千佐子の、芥川賞・文藝賞をW受賞した同名小説をユーモラたっぷりに映画化。突然夫に先立たれ、孤独な日々を送ることになった75歳の桃子さん。ところが、図書館で借りた本を読み漁り、46億年の歴史ノートを作る毎日を過ごすうちに、自身の"心の声=寂しさたち"が音楽にのせて沸き上がり、いつ間にかにぎやかな毎日へと変わっていく。一人だけど、一人じゃない。孤独の先で圧倒的な自由にたどり着いた桃子さんの"進化"の物語。桃子さんの心の声を濱田岳、青木崇高、宮藤官九郎の個性派俳優たちが演じる。

監督:沖田修一『モリのいる場所』『横道世之介』『南極料理人』 出演:田中裕子、蒼井優、濱田岳、青木崇高、宮藤官九郎、東出昌大

JAPAN FOUNDATION %



© 2020 "Yowamushi Pedal: Up The Road" Production Committee

YOWAMUSHI PEDAL: UP THE ROAD 弱虫ペダル

Available to view: June 5-27 • 1112min/2020 • Director: Koichiro Miki NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Sakamichi Onoda is a nerdy, anime-loving teen who regularly rides his 'granny bike' 40 kilometres from Chiba to the anime shops of Akihabara to save on train fare. When he meets the members of the high school bicycle racing team he unexpectedly displays a prodigious talent as a racer and his lonely life is changed. He finds happiness in working to overcome his limits for the sake of his team and competing in races with his new-found friends. And the big prefectural championship is just around the corner... A heartfelt and inspiring story for young aspiring athletes and perfect to watch as the Olympics approach. Based on Wataru Watanabe's mega-hit manga.

Starring Ren Nagase, Kentaro Ito, Ryota Bando, Kanna Hashimoto, Mizuki Inoue.

コミックス累計発行部数2500万部を突破し、アニメ版や舞台版も人気のスポーツ青春漫画を実写映画化!アニメ好きの高校生・小野田坂道は、ママチャリで千葉から秋葉原に通うオタク少年。運動が苦手で友達もいない小野田だが、自転車の走りを見た同級生に誘われて、自転車競技部に入部する。マネージャーや先輩たちとの出会いによって、自転車選手としての才能を発揮する小野田。果たして、県大会でインターハイ出場を懸けたレースに挑むことができるのか?!

監督:三木康一郎『旅猫リポート』『植物図鑑 運命の恋、ひろいました』 出演:永瀬廉、伊藤健太郎、橋本環奈、坂東龍汰、井上瑞稀





© 2020「ムヒカ 世界でいちばん貧しい大統領から日本人へ」製作委員会

HOSÉ! JOSÉ MUJICA! - JUST KEEP WALKING - ムヒカ 世界でいちばん貧しい大統領から日本人へ

Available to view: June 5-27 • 98min/2020 • Director: Kazuma Tabei NORTH AMERICAN PREMIERE • In Spanish and Japanese with English Subtitles

In 2012 Uruguay's unassuming President José Mujica, delivered a speech at the United Nations' Rio Summit called "Sustainable Development and Human Happiness" Both the speaker — who gives 90% of his salary to support the poor — and his words drew much attention and admiration. So inspiring were his words in Japan that a popular picture book was created by author Yoshimi Kusaba and monk Gaku Nakagawa. His message was one of humility, kindness and the font of happiness. Director Tabei travels to Uruguay to meet the man and learn about his philosophies as they relate to Japan. President Mujica then takes his first trip to Japan. A heartfelt, thoughtful documentary about an extraordinary, humble man and his special bond with Japan.

Narrated by Sakura Ando.

質素な生活を送り「世界で最も貧しい大統領」とも言われた第40代ウルグアイ大統領ホセ・ムヒカと日本の関係を描いたドキュメンタリー。2012年リオデジャネイロにおける国連持続可能な開発会議で、先進国の大量消費社会を優しい口調ながら痛烈に批判したムヒカ大統領の感動的なスピーチ映像は世界中に広まり、日本でも大きな話題を呼び、絵本化もされた。当時テレビ番組でムヒカ大統領を取材した田部井監督は、彼が日本の歴史や文化にとても詳しく、またウルグアイの日系移民とも交流があったことなどを知る。その後も取材を重ね、16年に初来日を果たしたムヒカは感動のメッセージを私たちに伝える。

監督:田部井一真 ナレーション:安藤サクラ





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BLUE

BLUE/ブルー

Available to view: June 5-27 • 107min/2021

Director: Keisuke Yoshida

In Japanese with English Subtitles

Nobuto Urita is a boxer who loves his sport more than anything. No matter how hard he tries, he keeps losing his matches. Meanwhile, Kazuki Ogawa who spars with Urita at the same gym is a boxer with elite talent and skills; his eventual road to the championship is assured. Ogawa is also engaged to Chika Amano. She is a childhood friend of Urita and his first love. Also on hand is Narasaki who comes to train simply to look "cool" but discovers his own talent and passion. Director Yoshida, working from his own script, illuminates the passionate intensity of the world of boxing with intelligence, sensitivity and humour.

Starring Kenichi Matsuyama, Fumino Kimura, Tokio Emoto, Masahiro Higashide.

中学生の時から30年もボクシングを続けてきた吉田恵輔監督によるリアリティ溢れるオリジナル脚本で、ボクシングに情熱を燃やす若者たちの葛藤だらけの青春の日々を描いている。ボクサーの瓜田は誰よりもボクシングを愛しているが、どれだけ努力しても負け続き。一方、後輩の小川は抜群の才能とセンスで日本チャンピオン目前。瓜田の初恋の人、千佳との結婚も控えていた。もう一人、軽いノリでボクシングを始める楢崎も、最初は弱かったが、次第に才能を見せ始める。

監督: 吉田恵輔『ヒメアノ〜ル』『犬猿』

出演:松山ケンイチ、木村文乃、柄本時生、東出昌大

NOTE: THIS FILM IS NOT AVAILABLE FOR VIEWING IN QUEBEC

注記:この映画はケベック州からは視聴できません

Screening Sponsor





© Setona Mizushiro, Shogakukan / "The Cornered Mouse Dreams of Cheese" Film Partner

THE CORNERED MOUSE DREAMS OF CHEESE 窮鼠はチーズの夢を見る

Available to view: June 5-27 • 130min/2020 • Director: Isao Yukisada CANADIAN PREMIERE • In Japanese with English Subtitles

Otomo is an indecisive and passive advertising agency employee with a tendency toward infidelity. He meets Imagase, a university underclassman he has not seen in 7 years. Imagase reveals that he was hired by Otomo's wife, Chikako, to investigate his affairs with other women. He also reveals that he has long been in love with Otomo and promises not to reveal anything in exchange for a kiss. Otomo agrees to the tryst, hoping it will save his marriage, but the emotion and intensity of their secret relationship begins to escalate.... A touching LGBTQ romance based on Setona Mizushiro's popular manga, which innocently depicts the joy and pain of falling in love.

Starring Tadayoshi Okura, Ryo Narita, Honami Sato.

人を好きになる喜びや痛みを純粋に描き、多くの女性から支持を得た水城 せとなの同名漫画を行定勲監督が映画化した切ないラブストーリー。学生 時代から受け身の恋愛を繰り返してきた大伴恭一は、大学の同性の後輩・ 今ヶ瀬渉と7年ぶりに再会。突然、今ヶ瀬から想いを告げられた大伴は戸惑 うも、ふたりは一緒に暮らしだす。やがて、大伴の昔の恋人・夏生が現れ、そ の関係が変わり始める…。

監督:行定勲『世界の中心で、愛をさけぶ』『パレード』 出演:大倉忠義、成田凌、吉田志織、さとうほなみ

WARNING: CONTAINS SCENES OF A SEXUAL NATURE; SUGGESTED FOR ADULT AUDIENCES R15 映倫のレイティングではR15指定作品となります。



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ヤクザと家族

Available to view: June 5-27 • 136min/2021

Director: Michihito Fujii

A FAMILY

In Japanese with English Subtitles

Award-winning director Fujii's (The Journalist) intense crime drama follows a yakuza member's brutal rise through the ranks over a period of 20 years, eventually becoming the head of his own family. In 1999 Yamamoto's father dies of a drug overdose and in desperation he joins the Yakuza. There he meets gang boss Shibasaki and the two develop a father-son relationship. Over time the bond is strained as Yamamoto struggles to balance ambition and loyalty. A fast-paced, violent character study and one of the best yakuza films of the 2000s.

Starring Go Ayano, Hiroshi Tachi, Machiko Ono, Yukiya Kitamura, Hayato Ichihara.

去年の日本アカデミー賞で最優秀作品賞含む6冠「新聞記者」の藤井道人監督が、変わりゆく時代の中で排除されていくヤクザという存在を、3つの時代に渡って抗争という目線からではなく、家族の目線から描いた作品。

1999 年、父親を覚せい剤で失った山本賢治は、行きつけの食堂で組長・柴崎博をチンピラの襲撃から救う。それを縁に2人は父子の契りを結び、山本はヤクザの世界へ足を踏み入れる。2005 年、山本はヤクザの世界で男を上げるが、因縁の相手との争いは激化する一方。仲間に犠牲者も出る中、ファミリー=柴崎組を守るためにある決断をする。そして2019年、山本が直面したのは、暴対法の影響で激変したヤクザの世界だった。

監督:藤井道人『新聞記者』『宇宙でいちばんあかるい屋根』

出演:綾野剛、舘ひろし、尾野真千子、北村有起哉、磯村勇斗、市原隼人



堤 真一 石田(のり子)

| 阿田健史 清原果耶

| 加藤雅也 市毛良枝 松田翔太 竜雷太

愛する息子は、殺人犯か、被害者か。それとも-



息子を信じたい父と守りたい母。家族がたどり着いた答えとは?

ラストの真実に号泣必至のサスペンス・エンタテインメント。

© 2020 "Hope" Film Partners

望み

HOPE

Available to view: June 5-27 • 108min/2020

Director: Yukihiko Tsutsumi

NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Adapted from Shusuke Shizukui's popular novel, Hope tells the story of the near destruction of the "perfect" Ishikawa family: successful architect Kazuto, his wife Kiyomi, high school son Tadashi, and daughter Miyabi. Their happy life takes a sudden turn when Tadashi goes missing following a sports injury and becomes the suspect in the brutal murder of his classmate. Initially, his parents and sister don't want to believe it but slowly, doubts start to creep in. Is Tadashi actually a deadly predator? An intense and thrilling examination of the limits of familial love and trust.

Starring Shinichi Tsutsumi, Yuriko Ishida, Kenshi Okada, Kaya Kiyohara.

人気作家・雫井脩介氏の同名小説を、『八日目の蝉』の奥寺佐渡子脚本、堤幸彦監督で映画化した、サスペンスドラマ。誰もが羨む裕福な石川家は、建築士の一登と妻・貴代美、高校生の息子・規士と娘・雅の4人暮らし。ある日、規士が無断外泊したまま帰ってこない。その行方を探すうちに、息子が同級生殺害に関与している疑いが出てくる。息子の無実を信じたい夫婦だったが、、、

監督:堤幸彦『人魚の眠る家』『天空の蜂』

出演: 堤真一、石田ゆり子、岡田健史、清原果耶





宇宙でいちばんあかるい屋根



© 2020 "The Brightest Roof in the Universe" Film Partners

THE BRIGHTEST ROOF IN THE UNIVERSE 宇宙でいちばんあかるい屋根

Available to view: June 5-27 • 115min/2020 • Director: Michihito Fujii NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Tsubame is 14 and struggling. She feels per place at home is under threat as her father and stepmother are preparing for the arrival of their first child together. On top of that, she is hopelessly infatuated with her college-aged neighbour Toru. In the evenings she escapes to her favourite hideaway, a scenic rooftop above her calligraphy classroom. There she discovers Hoshibaba, an eccentric old lady in possession of what appear to be magical powers, who helps Tsubame with her problems in exchange for food. A whimsical comedy-drama based on Tomoso Nonaka's young adult novel; directed by academy award winning director Fujii (The Journalist) and featuring delightful performances from Kiyohara and Momoi.

Starring Kaya Kiyohara, Kaori Momoi, Kentaro Ito, Hidetaka Yoshioka.

野中ともその同名小説が原作の、迷える少女の不思議な出会いと成長を描くファンタジー。隣の大学生の亨に密かに恋心を抱く14歳のつばめ。いつも優しい父と、血の繋がらない母との間にはもうすぐ赤ちゃんが生まれる。居心地の悪いつばめは書道教室の屋上でひとり過ごす時間が好きだった。ところがある夜、唯一の憩いの場に、キックボードで空を飛ぶ派手な装いの老婆「星ばあ」が現れる。つばめは星ばあに驚きながらも、次第に心を開き、悩みを相談するようになる。

監督:藤井道人『新聞記者』『ヤクザと家族 The Family』

出演:清原果耶、桃井かおり、伊藤健太郎、吉岡秀隆、坂井真紀



Produced by "Nichigei Sougou Production"/ Akira Uehara Distributed by KADOKAWA

TOKYO PARALYMPICS: FESTIVAL OF LOVE AND GLORY

東京パラリンピック 愛と栄光の祭典

Available to view: June 5-27 • 63min/1965 • Director: Kimio Watanabe CANADIAN PREMIERE • In Japanese with English Subtitles

In 1964, the Tokyo Olympics had concluded successfully while another sports event, invested with significance, was about to begin. Known at the time as "Tokyo Games for the Physically Handicapped," it was the second iteration of what we now celebrate as the Paralympic Games. Opened by then Crown Prince Akihito and Crown Princess Michiko, the event attracted athletes from around the world and showcased their fortitude as they push themselves beyond their limits. We learn about the early movement toward Paralympic competition as well as individual stories of the participants. Made in 1965 the film is a fascinating time capsule, full of hope and reflecting Japan's reemergence into the world.

「パラリンピック」の名付け親になった1964年東京パラリンピック大会を記録した幻の映画。1964年、成功のうちに終わった東京オリンピックの後に、もうひとつのスポーツ大会「国際身体障害者スポーツ大会」が開幕。その第一部、車椅子で生活する競技者を対象にした国際大会は、皇太子・皇太子妃両殿下(当時)が見守る中開幕し、東京パラリンピックという愛称で親しまれた。海外の選手たちはみな明るく、日本の選手たちは彼らとの交流を通じて、社会福祉制度の違いを感じつつも、社会復帰への意識を強めていく。1965年に公開された貴重なドキュメンタリー映画のデジタル修復版。

監督:渡辺公夫

Screening Partner





ANGRY RICE WIVES

大コメ騒動 Available to view: June 5-27 • 106min/2021

Director: Katsuhide Motoki

NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Based on a true historical event, the film tells the story of regular housewives who dare to stand up to protect their families during the 1918 rice riots. Ito lives in a coastal village in Toyama with her husband and 3 children. During the summer the husbands of the village must travel to distant prefectures to catch fish. Left to fend for themselves, Ito and the other fishermen's wives carry heavy bales of rice to the shore for transfer to waiting boats. Their daily wages are barely enough to buy rice and when the prices start to rise, the women of the village rise up against the powers that be. A serious uplifting drama, undercut with humour, and featuring great performances, especially from Mao Inoue as the fiery, determined Ito.

Starring Mao Inoue, Takahiro Miura, Shigeru Muroi, Masaki Nakao, Renii Ishibashi,

大正7年に富山県の漁師町から広まった米騒動をモチーフにした時代劇。米 価高騰に苦しむ主婦たちは、コメの積み出し阻止を試みるも失敗。騒動が地 元の新聞に載り、それを見た大阪の新聞社が陳情する主婦たちを女一揆と 大きく書き立て、騒動は全国に広まる。実際に起こった事件をもとに、『超高 速!参勤交代』の富山県出身の本木克英監督が、日々の暮らしを守ろうとする おかか(女房)たちが声を上げる様子を活写。

監督:本木克英『居眠り磐音』 『超高速!参勤交代』

出演:井上真央、三浦貴大、夏木マリ、立川志の輔、室井滋、石橋蓮司

Screening Sponsor





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UNDER THE OPEN SKY

すばらしき世界

Available to view: June 5-27 • 126min/2021

Director: Miwa Nishikawa In Japanese with English Subtitles

"Yakusho is a towering presence delivering his career-best performance" - Maggie Lee, Variety

Mikami, a middle-aged ex-yakuza, who has spent most of his life in prison for murder, is released and struggles to get a proper job and fit into society. He also hopes to find his long-lost mother, a geisha from whom he was separated as a child. The scarred and tattooed Mikami radiates a simmering undercurrent of rage but at the same time, a naïveté and open-heartedness and brings out the best in the people he encounters. A poignant, touching film directed with great empathy and intelligence. Adapted from Naoki Prize-winning novelist Ryuzo Saki's Mibuncho.

Starring Koji Yakusho, Taiga Nakano, Masami Nagasawa, Meiko Kaji, Isao Hashizume.

数々の映画賞に輝く西川美和監督と名優・役所広司がタッグを組んで、実在 の人物をモデルとした元受刑者の人生を描き、第56回シカゴ国際映画祭 で観客賞と最優秀演技賞(役所広司)を受賞。『パラサイト』のポン・ジュノ監 督にも絶賛された、「社会」と「人間」の今をえぐる問題作。13年ぶりに出所し た"元殺人犯"の三上は、身元引受人の弁護士夫妻に迎えられる。その後三上 は人探しのTV番組で消息不明の母親に会うため、ドキュメンタリー番組の取 材を受けることに。下町のおんぼろアパートでカタギになると誓った三上の 生活が始まるが、免許証再取得や、職探しなど、順調に進まない。社会のレー ルから外れた人が生きづらい世の中は果たして"すばらしき世界"なのか?を 観客に問いかける名作!

監督:西川美和『ゆれる』『永い言い訳』『ディア・ドクター』 出演:役所広司、仲野太賀、長澤まさみ、梶芽衣子、橋爪功

Screening Partner





KONTORA

コントラ

Available to view: June 5-27 • 143min/2019 Director: Anshul Chauhan

CANADIAN PREMIERE • In Japanese with English Subtitles

After her grandfather dies, Sora discovers an ancient trunk full of his journals and sketchbooks chronicling his traumatic World War II military service, and begins to search for a mysterious treasure buried in the local woods. At the same time a homeless man who wordlessly walks backwards appears in the town. One night, her drunk father hits the homeless man with his car and Sora insists on allowing the man to stay the night in their house. Her actions bring the simmering tensions of the household to a boil. Winner of Best Film Awards at the Tallinn Black Nights Film Festival and the SKIP CITY International D-Cinema Festival, and the Obayashi Award at New York's Japan Cuts Festival.

Starring Wan Marui, Hidemasa Mase, Taichi Yamadai.

エストニアのタリン・ブラックナイト映画祭でグランプリと最優秀音楽 賞、SKIPシティ国際Dシネマ映画祭の国内コンペティション長編部門で優秀 作品賞、ジャパン・カッツ2020で大林賞など数々の賞を受賞。インド出身・日 本在住のアンシュル・チョウハン監督が、日本の田舎町を舞台に圧巻のモノ クロ映像で撮りあげたプリミティブと哀感が絡み合う衝撃作。女子高生のソ ラは父と2人で暮らしているが、父子関係は冷え切っていた。ある日、急死し た祖父が遺した第2次世界大戦中の日記を見つけた彼女は、その中に宝の 存在を示す記述を発見し、密かに宝探しを始める。同時期に、ソラは無言で 後ろ向きに歩く見窄らしい男と遭遇する。

監督:アンシュル・チョウハン

出演:円井わん、間瀬英正、山田太一

Screening Partner





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HoneyWorks 10th Anniversary "LIP x LIP FILM x LIVE"

Available to view: June 5-27 • 90min/2020 • Director: Fumie Muroi NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

The story of HoneyWorks' popular virtual idol unit LIP x LIP. Yujiro trained hard in pursuit of his dream of one day standing atop the kabuki stage. But his aspiration is crushed when he is passed over as his master's successor. Aizo wants nothing more than to sing, but he spends his days in aimless frustration. One fateful day, the two teens find themselves at an idol audition where they instantly break into an argument. Little do they know this strained first meeting would catapult both of them to audition victory. In the midst of rejoicing, an unexpected condition is added by Tamura, president of the producing company... From there unfolds the story of two opposites on the road to becoming major pop idols!

Starring Koki Uchiyama, Nobunaga Shimazaki, Jun Fukuyama, Soma Saito.

ティーン世代から圧倒的な支持を得るクリエイターユニット・HoneyWorks (ハニーワークス)がプロデュースする男子高校生2人組バーチャルアイド ル・LIP×LIPを映画化。2人の出会いと結成までの物語を描くアニメパート「 この世界の楽しみ方 Secret Story Film」と、成長した彼らが披露するバーチ ャルライブパートで構成。歌舞伎役者の息子・勇次郎は歌舞伎の稽古に励 んできたが、父の後継者に選ばれず夢を失ってしまう。一方、歌うことが好き な愛蔵は、自分勝手な母や兄にいら立ちを覚える日々を送っていた。そんな ある日、二人はふとしたきっかけで、アイドルオーディションに応募すること に。会場で出会った2人は、言い争いという最悪の出会いをするが、オーディ ションの結果は合格。社長のデビューの条件はユニットを組むことだった。

監督:室井ふみえ

声の出演:内山昂輝、島﨑信長、福山潤、斉藤壮馬

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WIFE OF A SPY

スパイの妻く劇場版>

Available to view: June 5-27 • 115min/2020

Director: Kiyoshi Kurosawa

TORONTO PREMIERE • In Japanese with English Subtitles

"An absorbing, exotic, well-paced thriller with moments of disconcerting realism and horror" - Deborah Young, Hollywood Reporter

Set in Kobe in 1940 this intense thriller tells the story of a Japanese actress whose wealthy husband witnesses government-approved atrocities while on a business trip to Manchuria. A mysterious woman who returns with him from the trip is murdered and life-changing consequences await them as the couple plot to smuggle evidence of the incident out of Japan. Meanwhile, the wife's childhood friend, now a military policeman, is in pursuit.

Winner of 77th Venice Film Festival's Award for Best Director.

Starring Issey Takahashi, Yu Aoi, Masahiro Higashide, Hyunri.

第77回ヴェネチア国際映画祭コンペティション部門で銀獅子賞を受賞したミステリーエンタテインメント!脚本には今年のベルリン国際映画祭で監督作『偶然と想像』が銀熊賞を受賞した濱口竜介が参加。1940年、貿易会社を営む福原優作と妻の聡子は神戸の洋館で暮らしていた。優作と彼の甥は満州に出張に行くが、そこで恐ろしい国家機密を目にしてしまう。正義のため、ことの顛末を世に知らしめようと奮闘する優作。一方何も知らない聡子は、秘密を持つ夫に疑惑を持ち始める。正義、欺瞞、裏切り、信頼、嫉妬、幸福、、、抗えない時勢に夫婦の運命は飲まれて行く。

監督:黒沢清『旅のおわり世界のはじまり』『岸辺の旅』『CURE』

出演:高橋一生、蒼井優、東出昌大、恒松祐里

NOTE: THIS FILM IS AVAILABLE FOR VIEWING IN ONTARIO ONLY

注記:この映画はオンタリオ州 からのみご視聴いただけます



© Hiroyuki Nishimori, Shogakukan © 2020 "From Today, It's My Turn!!: The Movie "Film Partner

FROM TODAY, IT'S MY TURN!!: THE MOVIE 今日から俺は!! 劇場版

Available to view: June 5-27 • 114min/2020 • Director: Yuichi Fukuda NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

It is the 1980s and Mitsuhashi transfers to a new school where he is targeted by local toughs for his dyed-blond hair, athletic prowess and unique personality. He meets Ito, also a recent transfer student and together they decide to reinvent themselves. No longer will they be run-of-the-mill high school students, they will become the biggest delinquents Japan has ever seen! The breakneck plot sees them dealing with sword-wielding martial artist girlfriends, classroom rivalries, schoolyard betrayals and vicious rival hoodlums. Like a manga come to life, it is fast-paced, action-packed, anarchic and surreally funny. A major box-office hit based on the popular 1980s manga and 2018 television program.

Starring Kento Kaku, Kentaro Ito, Nana Seino, Kanna Hashimoto, Taiga Nakano, Yuma Yamoto, Yumi Wakatsuki, Yuya Yagira, Maika Yamamoto.

1980年代に連載された伝説のツッパリ漫画の映画化。80年代昭和の千葉を舞台に不良コンビの愉快な学園ライフを迫力のバトルアクションと、ギャグの連続で描く抱腹絶倒のコメディドラマ。転校を機につっぱりデビューした軟葉高校2年の三橋と、同じ日に転校してきたトゲトゲ頭の伊藤は、不良たちに目をつけられながらもコンビを組んで返り討ちにする日々を送っていた。3年になったある日、北根壊高校番長たちが、不良の巣窟・開久高校に対して妙な商売を始める。それは「今日俺」史上最大で最凶の波乱の幕開けだった、、、、

監督:福田雄一『聖☆おにいさん』『銀魂』

出演:賀来賢人、伊藤健太郎、橋本環奈、清野菜名、仲野太賀、柳楽優弥



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